

Girls Varsity
Conference Jamboree #1

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
7	Maddie Bosch	06:19	06:08 ▼	-00:13	12:38	12:38	06:19 🟡 -00:02	06:25 🟡 00:04	19:35 🟡 19:41.7	06:21	00:07	00:17					
12	Carly Bruxvoort	06:40	06:27 ▼	-00:19	13:19	13:25	06:43 🟡 -00:04	06:53 🟢 00:07	20:39 🟢 20:59.1	06:46	00:20	00:26					
13	Sierra Grooters	06:41	06:28 ▼	-00:18	13:22	13:25	06:43 🟡 -00:04	06:54 🟢 00:07	20:42 🟢 20:59.9	06:46	00:18	00:26					
15	Maddie Bruxvoort	06:50	06:39 ▼	-00:16	13:40	13:44	06:52 🟡 -00:03	07:01 🟢 00:06	21:11 🟢 21:27.4	06:55	00:16	00:22					
16	Maya VanSolkema	06:53	06:38 ▼	-00:19	13:45	13:46	06:53 🟡 -00:04	07:05 🟢 00:08	21:19 🟢 21:33.9	06:57	00:15	00:27					
20	Alaina Gruppen	06:51	06:37 ▼	-00:27	13:43	13:45	06:52 ▼ -00:12	07:26 🟢 00:21	21:16 🟢 21:55.3	07:04	00:40	00:49					
28	Ana Beimers	07:16	07:00 ▼	-00:19	14:33	14:21	07:11 ▼ -00:08	07:33 🟢 00:15	22:33 🟢 22:39.8	07:19	00:07	00:33					

Girls JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
22	Riley DenHartigh	06:52	06:40 ▼	-00:27	13:45	14:01	07:01 ▼ -00:07	07:20 🟢 00:13	21:19 🟢 22:04.9	07:07	00:46	00:40					
23	Kenna Caryl	07:07	06:58 ▼	-00:10	14:13	14:27	07:13 🟢 00:05	06:59 ▼ -00:10	22:03 🟢 22:07.4	07:08	00:05	00:16					
25	Lauryn Byker	07:23	07:00 ▼	-00:15	14:46	14:24	07:12 🟡 -00:03	07:20 🟢 00:05	22:54 🟢 22:28.5	07:15	-00:25	00:20	🏠				
29	Taryn Landers	07:27	07:15 ▼	-00:09	14:54	14:47	07:23 🟡 -00:00	07:24 🟡 00:00	23:05 🟢 22:55.4	07:24	-00:10	00:09	🏠				
30	Noelle Nienhuis	07:23	07:07 ▼	-00:19	14:47	14:35	07:17 ▼ -00:09	07:41 🟢 00:15	22:55 🟢 23:02.6	07:26	00:08	00:34					
31	Alyssa Seinen	07:28	07:17 ▼	-00:17	14:55	15:01	07:30 🟡 -00:03	07:40 🟢 00:06	23:08 🟢 23:27.2	07:34	00:19	00:23					
32	Katelynn Boyd	07:14	07:10 ▼	-00:29	14:29	14:52	07:26 ▼ -00:13	08:03 🟢 00:24	22:26 🟢 23:43.1	07:39	01:17	00:53					
33	Katie Landstra	07:30	07:18 ▼	-00:25	14:59	15:11	07:35 ▼ -00:07	07:56 🟢 00:13	23:14 🟢 23:54.7	07:43	00:40	00:38					
34	Natalie Kooyer	07:38	07:22 ▼	-00:25	15:15	15:20	07:40 ▼ -00:07	08:00 🟢 00:13	23:39 🟢 24:08.1	07:47	00:30	00:38					
35	Caroline Schippers	07:26	07:17 ▼	-00:36	14:52	15:25	07:43 ▼ -00:11	08:13 🟢 00:20	23:02 🟢 24:27.0	07:53	01:25	00:56					
37	Lydia VanderMolen	07:52	07:52 ▼	-00:11	15:45	16:11	08:06 🟡 00:02	08:00 🟡 -00:04	24:24 🟢 24:58.8	08:03	00:34	00:14					
38	Noelle Wielhouwer	07:55	07:52 ▼	-00:12	15:50	16:12	08:06 🟡 00:02	08:00 🟡 -00:04	24:33 🟢 25:00.4	08:04	00:27	00:14					
39	Ashley Binder	08:18	07:55 ▼	-00:11	16:37	16:20	08:10 🟡 00:04	07:59 ▼ -00:07	25:45 🟢 25:06.6	08:06	-00:38	00:15	🏠 🏠				
41	Kasey Haartman	07:58	08:00 ▼	-00:09	15:57	16:23	08:11 🟡 00:02	08:05 🟡 -00:04	24:43 🟢 25:16.9	08:09	00:34	00:11					
42	Sophia Miller	08:19	07:55 ▼	-00:18	16:39	16:23	08:11 🟡 -00:01	08:16 🟡 00:03	25:48 🟢 25:28.2	08:13	-00:20	00:21	🏠				
43	Avery Dekker	07:54	07:44 ▼	-00:45	15:48	16:20	08:10 ▼ -00:19	09:03 🟢 00:34	24:30 🟢 26:17.4	08:29	01:47	01:19					
44	Kylie Leatherman	08:47	08:08 ▼	-00:44	17:34	17:41	08:50 🟡 -00:01	08:54 🟡 00:03	27:14 🟢 27:28.9	08:52	00:15	00:46					
45	Aeris Ensing	08:32	08:07 ▼	-00:45	17:05	17:08	08:34 ▼ -00:18	09:26 🟢 00:33	26:28 🟢 27:30.4	08:52	01:02	01:19					
47	Alaina Miedema	09:45	09:03 ▼	-00:27	19:31	18:57	09:28 🟡 -00:01	09:32 🟡 00:02	30:15 🟢 29:26.4	09:30	-00:48	00:29	🏠				
50	Alli Wassink	08:42			17:23				26:57								
51	Serafina Seiter	09:31			19:02				29:30								
48	Sadie Schout																
49	Makayla Meeuwssen																

Legend:

Mile1_Est	Estimated time to pass Mile 1				
Mile1_Act	Actual Time to pass mile 1 checkpoint				
1vsAvg	+/- compared to average PPM for mile 1				
Mile2_Est	Estimated Mile 2	🟢	Below Average PPM	Gold	19:59.9
Mile2_Act	Actual Mile 2	🟡	On Target	Silver	21:59.9
Mile2_PPM	Mile 2 PPM	🔴	Above Average PPM	Bronze	23:59.9
2vsAvg	+/- compared to average PPM for mile 2				
Mile3_PPM	Mile 2 to finish of 1.1 miles at a PPM				
3vsAvg	+/- compared to average PPM for mile 3.1				
Est_Finish	Estimated Finish				
Actual	Actual Finish				
Act_PPM	Actual PPM for entire race				
Act_vs_Est	+/- from estimate				
Spread	Difference between fastest mile and slowest mile.				
PR	Personal Record				
A<E	Actual less than Estimated				

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Maddie Bosch	20:21.1	0:20:57	0:19:49	0:19:35	0:19:42	0:19:48						19:34.7	19:34.7	20:01.9	-0:01:22	🏆
Carly Bruxvoort	21:26.0	0:22:41	0:20:39	0:20:46	0:20:59	0:19:52						19:52.1	19:52.1	21:03.8	-0:02:49	🏆
Sierra Grooters	21:25.6	0:22:42	0:20:42	0:21:05	0:21:00	0:20:04						20:03.8	20:03.8	21:09.8	-0:02:38	🏆
Sadie Schout						0:20:05						20:05.0	20:05.0	20:05.0		🏆
Maddie Bruxvoort	21:36.1	0:22:50	0:21:21	0:21:11	0:21:27	0:20:24						19:55.5	20:23.5	21:28.1	-0:02:26	
Maya VanSolkema	21:19.0	0:22:36	0:21:22	0:21:19	0:21:34	0:20:47						20:46.6	20:46.6	21:29.4	-0:01:49	🏆
Riley DenHartigh	22:43.3	0:23:19	0:21:19		0:22:05	0:21:00						21:00.1	21:00.1	22:05.1	-0:02:18	🏆
Alaina Gruppen	24:09.1	0:23:12	0:21:16	0:21:36	0:21:55	0:21:17						21:15.5	21:15.5	22:14.0	-0:02:54	🏆
Ana Beimers	23:18.1	0:25:09	0:23:28	0:22:33	0:22:40	0:21:26						20:50.2	21:26.1	23:05.7	-0:03:43	
Kenna Caryl	22:02.9	0:23:33	0:22:16	0:22:38	0:22:07	0:21:34						21:34.4	21:34.4	22:21.9	-0:01:59	🏆
Caroline Schippers	23:18.3	0:25:23	0:23:02	0:23:31	0:24:27	0:22:00						21:59.5	21:59.5	23:36.9	-0:03:24	🏆
Lauryn Byker	23:05.8	0:23:52	0:22:54	0:22:58	0:22:29	0:22:00						21:50.5	22:00.2	22:53.1	-0:01:52	
Katelynn Boyd	23:15.8	0:24:26	0:22:26	0:22:43	0:23:43	0:22:04						21:50.3	22:03.8	23:06.2	-0:02:22	
Noelle Nienhuis	23:49.7	0:24:45	0:23:21	0:22:55	0:23:03	0:22:17						20:28.3	22:16.8	23:21.6	-0:02:28	
Taryn Landers	24:20.3	0:24:47	0:23:37	0:23:05	0:22:55	0:22:41						21:09.3	22:41.1	23:34.3	-0:02:06	
Alyssa Seinen	24:15.6	0:25:00	0:23:39	0:23:08	0:23:27	0:22:43						22:42.7	22:42.7	23:42.0	-0:02:17	🏆
Natalie Kooyer	25:17.1	0:25:31	0:24:01	0:23:39	0:24:08	0:22:51						21:08.7	22:50.6	24:14.3	-0:02:40	
Noelle Wielhouwer	28:22.9	0:25:31	0:24:33	0:25:05	0:25:00	0:22:53						22:52.7	22:52.7	25:14.2	-0:05:30	🏆
Katie Landstra	23:37.8	0:25:24	0:23:48	0:23:14	0:23:55	0:23:36						23:14.2	23:14.2	23:55.7	-0:02:09	🏆
Avery Dekker	26:00.8	0:27:24	0:24:30	0:24:37	0:26:17	0:23:55						23:15.4	23:54.9	25:27.3	-0:03:29	
Kasey Haartman	25:24.3	0:26:24	0:24:43	0:24:59	0:25:17	0:24:03						23:16.4	24:03.2	25:08.3	-0:02:20	
Lydia VanderMolen	26:19.2	0:26:26	0:24:24	0:25:09	0:24:59	0:24:09						22:19.5	24:08.5	25:14.3	-0:02:18	
Ashley Binder	27:18.1	0:29:03	0:27:26	0:25:45	0:25:07	0:25:22						25:06.6	25:06.6	26:40.1	-0:03:56	🏆
Sophia Miller	26:30.6			0:25:48	0:25:28	0:25:27						25:26.7	25:26.7	25:48.4	-0:01:04	🏆
Makayla Meeuwssen						0:25:50						25:50.0	25:50.0	25:50.0		🏆
Kylie Leatherman	28:07.4	0:31:04	0:30:21	0:27:14	0:27:29	0:27:00						26:59.6	26:59.6	28:32.5	-0:04:05	🏆
Aeris Ensing	27:57.6	0:30:03	0:27:30	0:26:28	0:27:30	0:27:46						26:28.0	26:28.0	27:52.4	-0:03:35	🏆
Alaina Miedema	32:50.0	0:35:11	0:30:26	0:30:15	0:29:26	0:28:56						28:55.8	28:55.8	31:10.7	-0:06:15	🏆
Serafina Seiter			0:29:30									29:30.3	29:30.3	29:30.3		🏆
Alli Wassink	28:04.1	0:29:40	0:26:57									26:57.0	26:57.0	28:13.7	-0:02:43	🏆
Top 5 (Goal 1:40:29)	1:46:08	1:51:45	1:43:45	1:43:56	1:44:42	1:40:12							1:39:59	1:43:49	Avg: -0:02:33	
Top 7 (Goal 2:29:28)	2:30:54	2:38:15	2:26:28	2:28:04	2:28:42	2:21:59							2:21:46	2:27:23		
Spread (1:50)	0:02:22	0:02:22	0:01:32	0:02:58	0:02:23	0:01:12							0:01:25	0:02:03		
Top 5	1:56:36	2:01:22	1:54:00	1:54:18	1:53:14	1:48:17							1:48:16	1:53:41		
Top 7 (Goal 2:43.16)	2:44:35	2:51:30	2:41:05	2:40:40	2:40:24	2:32:38							2:32:36	2:40:37		
Spread	0:01:03	0:01:36	0:01:21	0:00:36	0:01:36	0:01:00							0:01:01	0:01:20		

Varsity

JV

Gold = top 7 in race
Green = Season Record

Race1	Under The Lights	Team 5	Team 7
Race2	Unity Invitational	Gold	19:59.9 01:36:59.9 02:15:59.0
Race3	Christian School Invite	Silver	21:59.9 01:39:59.9 02:21:59.9
Race4	Ottawa Hills Invite	Bronze	23:59.9 01:42:59.9 02:25:59.9
Race5	Conference Jamboree #1		
Race6	Autumn Sunrise		
Race7			
Race8			
Race9			

Improvement is defined as difference between slowest and fastest races

Boys Varsity
Conference Jamboree #1

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
1	Caleb DenHartigh	05:42	05:31 ▼ -00:13		11:24	11:20		05:40 🟡 -00:03.6	05:50.3 ▲ 00:07		17:40	● 17:45.3	05:44	00:05	00:19		
2	Grady Bremer	05:48	05:35 ▼ -00:17		11:35	11:32		05:46 ▼ -00:06.3	06:03.6 ▲ 00:11		17:58	● 18:12.0	05:52	00:14	00:29		
3	Caden Leatherman	05:59	05:55 ▼ -00:12		11:58	12:07		06:03 🟡 -00:03.2	06:12.6 ▲ 00:06		18:34	● 18:56.9	06:07	00:23	00:18		
4	Ethan Miller	05:57	05:55 ▼ -00:13		11:54	12:12		06:06 🟡 -00:01.7	06:10.8 🟡 00:03		18:26	● 18:59.9	06:08	00:34	00:16		
5	Benjamin Hoekstra	06:02	06:00 ▼ -00:08		12:04	12:14		06:07 🟡 -00:01.1	06:10.0 🟡 00:02		18:42	● 19:01.0	06:08	00:19	00:10		
6	Alex Ten Haken	05:45	05:34 ▼ -00:44		11:31	12:40		06:20 🟡 00:01.9	06:14.6 🟡 -00:04		17:51	● 19:32.0	06:18	01:41	00:46		
8	Evan Miedema	06:15	06:13 ▼ -00:09		12:29	12:47		06:23 🟡 00:01.8	06:18.5 🟡 -00:03		19:21	● 19:43.3	06:22	00:22	00:10		

Boys JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
9	Lukas Wierenga	06:25	06:15 ▼ -00:23		12:49	12:56		06:28 ▼ -00:10	06:55 ▲ 00:17		19:52	● 20:32.4	06:38	00:40	00:40		
10	Jacob Kuipers	06:35	06:20 ▼ -00:19		13:10	13:04		06:32 ▼ -00:07	06:51 ▲ 00:12		20:24	● 20:36.4	06:39	00:12	00:31		
11	Dylan Duimstra	06:29	06:20 ▼ -00:20		12:58	13:08		06:34 ▼ -00:06	06:51 ▲ 00:11		20:07	● 20:39.9	06:40	00:33	00:31		
14	Tyler Bakhuyzen	06:24	06:15 ▼ -00:36		12:47	13:07		06:34 ▼ -00:17	07:22 ▲ 00:31		19:49	○ 21:12.9	06:51	01:24	01:07		
17	Everett Kalsbeek	06:46	06:30 ▼ -00:29		13:32	13:43		06:51 ▼ -00:07	07:13 ▲ 00:14		20:59	○ 21:38.8	06:59	00:40	00:43		
18	Alden Lucas	06:49	06:49 ▼ -00:11		13:39	14:02		07:01 🟡 00:01	06:57 🟡 -00:02		21:09	○ 21:40.9	07:00	00:32	00:12		
19	Brandon Weber	06:47	06:48 ▼ -00:12		13:34	14:02		07:01 🟡 00:01	06:58 🟡 -00:02		21:02	○ 21:41.8	07:00	00:40	00:13		
21	Logan Kowalke	07:26	06:40 ▼ -00:25		14:51	13:56		06:58 ▼ -00:07	07:17 ▲ 00:12		23:02	○ 21:56.4	07:05	-01:05	00:37	🏆	🏆
24	Ben Brower	07:37	07:18 🟡 00:04		15:14	14:39		07:19 ▲ 00:05	07:05 ▼ -00:09		23:37	○ 22:26.7	07:14	-01:10	00:14		🏆
26	Johnny Gruppen	07:05	07:03 ▼ -00:15		14:11	13:22		06:41 ▼ -00:37	08:25 ▲ 01:07		21:59	○ 22:37.0	07:18	00:39	01:44		
27	Lucas Buys	07:26	07:10 ▼ -00:08		14:52	14:39		07:19 🟡 00:01	07:16 🟡 -00:02		23:03	○ 22:39.1	07:18	-00:24	00:10		🏆
36	Cole Schmidt	07:57	07:54 🟡 -00:02		15:55	16:06		08:03 ▲ 00:07	07:42 ▼ -00:13		24:40	○ 24:34.5	07:56	-00:05	00:21		🏆
40	Evan Schrier	07:36	07:18 ▼ -00:51		15:13	15:54		07:57 ▼ -00:12	08:30 ▲ 00:21		23:35	○ 25:15.2	08:09	01:40	01:12		
46	Connor Scholma	08:46	08:38 ▼ -00:22		17:32	17:56		08:58 🟡 -00:02	09:04 🟡 00:04		27:11	○ 27:54.2	09:00	00:44	00:26		

Legend:

Mile1_Est	Estimated time to pass Mile 1		
Mile1_Act	Actual Time to pass mile 1 checkpoint		
1vsAvg	+/- compared to average PPM for mile 1	▲	Below Average PPM
Mile2_Est	Estimated Mile 2	🟡	On Target
Mile2_Act	Actual Mile 2	▼	Above Average PPM
Mile2_PPM	Mile 2 PPM		
2vsAvg	+/- compared to average PPM for mile 2		
Mile3_PPM	Mile 2 to finish of 1.1 miles at a PPM		
3vsAvg	+/- compared to average PPM for mile 3.1		
Est_Finish	Estimated Finish		
Actual	Actual Finish		
Act_PPM	Actual PPM for entire race		
Act_vs_Est	+/- from estimate		
Spread	Difference between fastest mile and slowest mile.		
PR	Personal Record		
A<E	Actual less than Estimated		

Gold	16:59.9
Silver	18:59.9
Bronze	20:59.9

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Caleb DenHartigh	17:55.5	18:44.8	17:40.3	17:45.4	17:45.3	17:00.1						17:00.1	17:00.1	17:48.6	-0:01:44.7	🏆
Alex Ten Haken	19:14.3	19:25.2	17:50.7	17:52.0	19:32.0	17:29.3						17:29.3	17:29.3	18:33.9	-0:02:02.7	🏆
Grady Bremer	18:11.6	18:58.0	17:57.7	18:07.3	18:12.0	17:38.8						17:38.8	17:38.8	18:10.9	-0:01:19.2	🏆
Ethan Miller	19:09.2		18:57.0	18:26.2	18:59.9	18:16.7						18:02.6	18:16.7	18:45.8	-0:00:52.5	
Benjamin Hoekstra	19:19.9	20:27.6	19:03.4	18:41.9	19:01.0	18:24.0						18:20.8	18:24.0	19:09.6	-0:02:03.6	
Caden Leatherman	19:12.0	19:57.8	19:29.9	18:33.6	18:56.9	18:25.9						18:25.9	18:25.9	19:06.0	-0:01:31.9	🏆
Lukas Wierenga	19:55.6	20:29.8	19:52.0	20:08.5	20:32.4	19:44.4						19:44.4	19:44.4	20:07.1	-0:00:48.0	🏆
Tyler Bakhuyzen	20:06.2	21:32.8	19:51.4	19:48.9	21:12.9	19:49.1						18:35.8	19:48.9	20:23.6	-0:01:43.9	
Jacob Kuipers	21:37.6	21:50.2	20:59.2	20:24.1	20:36.4	19:53.1						19:53.1	19:53.1	20:53.4	-0:01:57.1	🏆
Dylan Duimstra	20:47.3	21:36.9	20:57.5	20:06.5	20:39.9	19:58.6						19:58.6	19:58.6	20:41.1	-0:01:38.3	🏆
Evan Miedema	19:45.9	21:06.5	19:21.4	19:44.1	19:43.3	20:03.6						18:20.1	19:21.4	19:57.5	-0:01:45.1	
Everett Kalsbeek	21:35.7	21:56.7	20:58.5	21:01.7	21:38.8	20:42.2						20:42.2	20:42.2	21:18.9	-0:01:14.5	🏆
Alden Lucas	21:35.0	23:05.8	21:43.0	21:09.0	21:40.9	21:00.6						21:00.6	21:00.6	21:42.4	-0:02:05.2	🏆
Brandon Weber	21:44.0	23:13.0	21:32.1	21:01.6	21:41.8	21:04.1						21:01.6	21:01.6	21:42.8	-0:02:11.4	🏆
Ben Brower	24:36.0	26:39.4	23:36.6		22:26.7	21:26.7						21:26.7	21:26.7	23:45.1	-0:05:12.7	🏆
Johnny Gruppen	23:21.4	23:48.3	22:16.9	21:58.5	22:37.0	21:29.2						21:29.2	21:29.2	22:35.2	-0:02:19.1	🏆
Lucas Buys	23:06.1	23:52.6	23:02.8	23:06.6	22:39.1	22:28.8						22:28.8	22:28.8	23:02.7	-0:01:23.8	🏆
Logan Kowalke	24:35.5			23:01.6	21:56.4	22:58.0						21:56.4	21:56.4	23:07.9	-0:02:39.1	🏆
Evan Schrier	23:41.6	25:32.1	23:35.0	24:34.1	25:15.2	23:10.0						21:44.7	23:10.0	24:18.0	-0:02:22.1	
Cole Schmidt	27:41.0	28:41.7	24:39.7	24:57.5	24:34.5	23:54.9						22:36.1	23:54.9	25:44.9	-0:04:46.8	
Connor Scholma	29:50.0	29:56.7	30:01.1	27:10.5	27:54.2	26:59.6						24:53.4	26:59.6	28:38.7	-0:03:01.5	

Varsity	Top 5 (Goal 1:26:01)	1:33:43	1:37:33	1:31:29	1:30:45	1:32:55	1:28:49							1:28:49	1:32:25	Avg: -0:02:08
	Top 7 (Goal 2:01:08)	2:12:48	2:19:10	2:10:20	2:09:11	2:12:10	2:06:59							2:06:36	2:11:32	
	Spread (1:00)	0:01:50	0:02:22	0:01:50	0:01:59	0:01:58	0:02:44							0:02:21	0:02:09	
JV	Top 5	1:44:00	1:50:02	1:42:39	1:41:30	1:44:40	1:40:27							1:40:07	1:43:24	
	Top 7 (Goal 2:11:33)	2:27:21	2:37:04	2:25:54	2:23:40	2:28:03	2:22:31							2:22:09	2:26:49	
	Spread	0:01:48	0:02:16	0:01:52	0:01:20	0:01:09	0:01:15							0:01:17	0:01:36	

Gold = top 7 in race
Green = Season Record

Race1	Under The Lights		
Race2	Unity Invitational		
Race3	Christian School Invite	Gold	16:59.9
Race4	Ottawa Hills Invite	Silver	18:59.9
Race5	Conference Jamboree #1	Bronze	20:59.0
Race6	Autumn Sunrise		
Race7			
Race8			
Race9			
Race10			
Race11			
Race12			

Improvement is defined as difference between slowest and fastest races