

Girls Varsity
Otsego

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
8	Maddie Bosch	06:19	06:02 ▼	-00:16	12:38	12:28	06:14 🟡	-00:04	06:24 ▲	00:07	19:35 🟡	19:30.8	06:18	-00:04	00:22	👍	👍
11	Maddie Bruxvoort	06:35	06:17 ▼	-00:16	13:09	13:00	06:30 🟡	-00:03	06:38 ▲	00:05	20:24 🟡	20:18.1	06:33	-00:05	00:21		👍
12	Sierra Grooters	06:28	06:16 ▼	-00:17	12:57	13:01	06:30 🟡	-00:03	06:38 🟡	00:05	20:04 🟡	20:18.7	06:33	00:15	00:22		
19	Carly Bruxvoort	06:25	06:16 ▼	-00:30	12:49	13:08	06:34 ▼	-00:12	07:07 ▲	00:21	19:52 🟡	20:57.3	06:46	01:05	00:51		
20	Maya VanSolkema	06:42	06:25 ▼	-00:21	13:24	13:22	06:41 ▼	-00:05	06:56 ▲	00:10	20:47 🟡	20:59.6	06:46	00:13	00:31		
21	Alaina Gruppen	06:51	06:25 ▼	-00:22	13:43	13:22	06:41 ▼	-00:06	06:58 ▲	00:11	21:16 🟡	21:01.4	06:47	-00:14	00:33	👍	👍
22	Riley DenHartigh	06:46	06:35 ▼	-00:16	13:33	13:34	06:47 🟡	-00:04	06:58 ▲	00:07	21:00 🟡	21:13.5	06:51	00:13	00:23		

Girls JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
23	Ana Beimers	06:55	06:35 ▼	-00:23	13:50	13:45	06:52 ▼	-00:05	07:07 ▲	00:10	21:26 🟡	21:35.2	06:58	00:09	00:32		
24	Kenna Caryl	06:58	06:45 ▼	-00:16	13:55	14:00	07:00 🟡	-00:01	07:01 🟡	00:01	21:34 🟡	21:43.6	07:01	00:09	00:16		
25	Katelynn Boyd	07:07	06:56 ▼	-00:11	14:14	14:11	07:06 🟡	-00:02	07:11 🟡	00:03	22:04 🟡	22:04.6	07:07	00:01	00:15		
26	Lauryn Byker	07:06	07:11 🟡	00:00	14:12	14:26	07:13 🟡	00:02	07:06 🟡	-00:05	22:00 🟡	22:14.6	07:11	00:14	00:07		
27	Taryn Landers	07:19	07:12 🟡	-00:01	14:38	14:29	07:14 🟡	00:01	07:11 🟡	-00:02	22:41 🟡	22:23.3	07:13	-00:18	00:03		👍
29	Alyssa Seinen	07:20	07:13 ▼	-00:08	14:39	14:40	07:20 🟡	-00:01	07:23 🟡	00:02	22:43 🟡	22:47.1	07:21	00:04	00:10		
30	Natalie Kooyer	07:22	07:16 ▼	-00:10	14:44	14:47	07:23 🟡	-00:03	07:31 🟡	00:05	22:51 🟡	23:02.6	07:26	00:12	00:15		
31	Caroline Schippers	07:06	07:14 ▼	-00:12	14:11	14:47	07:23 🟡	-00:03	07:31 🟡	00:05	22:00 🟡	23:03.2	07:26	01:04	00:17		
32	Noelle Nienhuis	07:11	07:02 ▼	-00:26	14:22	14:37	07:18 ▼	-00:10	07:46 ▲	00:18	22:17 🟡	23:09.6	07:28	00:53	00:44		
34	Noelle Wielhouwer	07:23	07:42 🟡	00:01	14:46	15:33	07:46 ▲	00:06	07:30 ▼	-00:10	22:53 🟡	23:48.4	07:41	00:56	00:16		
35	Katie Landstra	07:30	07:19 ▼	-00:25	14:59	15:16	07:38 ▼	-00:06	07:55 ▲	00:11	23:14 🟡	23:58.2	07:44	00:44	00:36		
37	Avery Dekker	07:43	07:28 ▼	-00:23	15:26	15:17	07:39 ▼	-00:13	08:15 ▲	00:23	23:55 🟡	24:21.2	07:51	00:26	00:47		
38	Kasey Haartman	07:46	07:56 🟡	-00:00	15:31	16:06	08:03 🟡	00:07	07:44 ▼	-00:12	24:03 🟡	24:36.2	07:56	00:33	00:19		
39	Ashley Binder	08:06	08:01 🟡	00:04	16:12	16:07	08:04 ▲	00:07	07:45 ▼	-00:12	25:07 🟡	24:38.3	07:57	-00:28	00:19	👍	👍
41	Aeris Ensing	08:32	08:19 ▼	-00:10	17:05	16:55	08:28 🟡	-00:01	08:31 🟡	00:02	26:28 🟡	26:17.2	08:29	-00:11	00:12	👍	👍
42	Serafina Seiter	09:31	08:09 ▼	-00:24	19:02	16:48	08:24 ▼	-00:09	08:48 ▲	00:16	29:30 🟡	26:29.2	08:33	-03:01	00:39	👍	👍
43	Kylie Leatherman	08:42	08:15 ▼	-00:18	17:25	16:49	08:24 ▼	-00:08	08:48 ▲	00:15	27:00 🟡	26:29.8	08:33	-00:30	00:33	👍	👍
45	Alaina Miedema	09:20	08:26 ▼	-00:33	18:40	17:43	08:51 ▼	-00:08	09:13 ▲	00:14	28:56 🟡	27:51.1	08:59	-01:05	00:47	👍	👍
51	Lydia VanderMolen	07:47			15:35						24:09						
50	Sophia Miller	08:12			16:25						25:27						
47	Alli Wassink	08:42			17:23						26:57						
46	Makayla Meeuwssen																
48	Sadie Schout																

Legend:	Mile1_Est	Estimated time to pass Mile 1																	
	Mile1_Act	Actual Time to pass mile 1 checkpoint																	
	1vsAvg	+/- compared to average PPM for mile 1																	
	Mile2_Est	Estimated Mile 2																	
	Mile2_Act	Actual Mile 2																	
	Mile2_PPM	Mile 2 PPM																	
	2vsAvg	+/- compared to average PPM for mile 2																	
	Mile3_PPM	Mile 2 to finish of 1.1 miles at a PPM																	
	3vsAvg	+/- compared to average PPM for mile 3.1																	
	Est_Finish	Estimated Finish																	
	Actual	Actual Finish																	
	Act_PPM	Actual PPM for entire race																	
	Act_vs_Est	+/- from estimate																	
	Spread	Difference between fastest mile and slowest mile.																	
	PR	Personal Record																	
	A<E	Actual less than Estimated																	

Sub	
Gold	19:59.9
Silver	21:59.9
Bronze	23:59.9

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Maddie Bosch	20:21.1	0:20:57	0:19:49	0:19:35	0:19:42	0:19:48	0:19:31					19:30.8	19:30.8	19:57.5	-0:01:26	🏆
Maddie Bruxvoort	21:36.1	0:22:50	0:21:21	0:21:11	0:21:27	0:20:24	0:20:18					19:55.5	20:18.1	21:18.1	-0:02:31	
Sierra Grooters	21:25.6	0:22:42	0:20:42	0:21:05	0:21:00	0:20:04	0:20:19					20:03.8	20:03.8	21:02.5	-0:02:38	🏆
Carly Bruxvoort	21:26.0	0:22:41	0:20:39	0:20:46	0:20:59	0:19:52	0:20:57					19:52.1	19:52.1	21:02.8	-0:02:49	🏆
Maya VanSolkema	21:19.0	0:22:36	0:21:22	0:21:19	0:21:34	0:20:47	0:21:00					20:46.6	20:46.6	21:25.1	-0:01:49	🏆
Alaina Gruppen	24:09.1	0:23:12	0:21:16	0:21:36	0:21:55	0:21:17	0:21:01					21:01.4	21:01.4	22:03.6	-0:03:08	🏆
Riley DenHartigh	22:43.3	0:23:19	0:21:19		0:22:05	0:21:00	0:21:14					21:00.1	21:00.1	21:56.5	-0:02:18	🏆
Ana Beimers	23:18.1	0:25:09	0:23:28	0:22:33	0:22:40	0:21:26	0:21:35					20:50.2	21:26.1	22:52.8	-0:03:43	
Kenna Caryl	22:02.9	0:23:33	0:22:16	0:22:38	0:22:07	0:21:34	0:21:44					21:34.4	21:34.4	22:16.4	-0:01:59	🏆
Katelynn Boyd	23:15.8	0:24:26	0:22:26	0:22:43	0:23:43	0:22:04	0:22:05					21:50.3	22:03.8	22:57.4	-0:02:22	
Lauryn Byker	23:05.8	0:23:52	0:22:54	0:22:58	0:22:29	0:22:00	0:22:15					21:50.5	22:00.2	22:47.6	-0:01:52	
Taryn Landers	24:20.3	0:24:47	0:23:37	0:23:05	0:22:55	0:22:41	0:22:23					21:09.3	22:23.3	23:24.1	-0:02:24	
Alyssa Seinen	24:15.6	0:25:00	0:23:39	0:23:08	0:23:27	0:22:43	0:22:47					22:42.7	22:42.7	23:34.2	-0:02:17	🏆
Natalie Kooyer	25:17.1	0:25:31	0:24:01	0:23:39	0:24:08	0:22:51	0:23:03					21:08.7	22:50.6	24:04.1	-0:02:40	
Caroline Schippers	23:18.3	0:25:23	0:23:02	0:23:31	0:24:27	0:22:00	0:23:03					21:59.5	21:59.5	23:32.1	-0:03:24	🏆
Noelle Nienhuis	23:49.7	0:24:45	0:23:21	0:22:55	0:23:03	0:22:17	0:23:10					20:28.3	22:16.8	23:19.9	-0:02:28	
Noelle Wielhouwer	28:22.9	0:25:31	0:24:33	0:25:05	0:25:00	0:22:53	0:23:48					22:52.7	22:52.7	25:02.0	-0:05:30	🏆
Katie Landstra	23:37.8	0:25:24	0:23:48	0:23:14	0:23:55	0:23:36	0:23:58					23:14.2	23:14.2	23:56.1	-0:02:09	🏆
Avery Dekker	26:00.8	0:27:24	0:24:30	0:24:37	0:26:17	0:23:55	0:24:21					23:15.4	23:54.9	25:17.9	-0:03:29	
Kasey Haartman	25:24.3	0:26:24	0:24:43	0:24:59	0:25:17	0:24:03	0:24:36					23:16.4	24:03.2	25:03.7	-0:02:20	
Ashley Binder	27:18.1	0:29:03	0:27:26	0:25:45	0:25:07	0:25:22	0:24:38					24:38.3	24:38.3	26:22.7	-0:04:25	🏆
Aeris Ensing	27:57.6	0:30:03	0:27:30	0:26:28	0:27:30	0:27:46	0:26:17					26:17.2	26:17.2	27:38.8	-0:03:46	🏆
Serafina Seiter			0:29:30				0:26:29					26:29.2	26:29.2	27:59.8	-0:03:01	🏆
Kylie Leatherman	28:07.4	0:31:04	0:30:21	0:27:14	0:27:29	0:27:00	0:26:30					26:29.8	26:29.8	28:15.0	-0:04:34	🏆
Alaina Miedema	32:50.0	0:35:11	0:30:26	0:30:15	0:29:26	0:28:56	0:27:51					27:51.1	27:51.1	30:42.2	-0:07:20	🏆
Sophia Miller	26:30.6			0:25:48	0:25:28	0:25:27						25:26.7	25:26.7	25:48.4	-0:01:04	🏆
Lydia VanderMolen	26:19.2	0:26:26	0:24:24	0:25:09	0:24:59	0:24:09						22:19.5	24:08.5	25:14.3	-0:02:18	
Alli Wassink	28:04.1	0:29:40	0:26:57									26:57.0	26:57.0	28:13.7	-0:02:43	🏆
Sadie Schout						0:20:05						20:05.0	20:05.0	20:05.0		🏆
Makayla Meeuwssen						0:25:50						25:50.0	25:50.0	25:50.0		🏆

Varsity

JV

Top 5 (Goal 1:40:29)	1:46:08	1:51:45	1:43:45	1:43:56	1:44:42	1:40:12	1:42:05						1:39:50	1:43:26	Avg: -0:02:45	
Top 7 (Goal 2:29:28)	2:30:54	2:38:15	2:26:28	2:28:04	2:28:42	2:21:59	2:24:19						2:21:37	2:26:48		
Spread (1:50)	0:02:22	0:02:22	0:01:32	0:02:58	0:02:23	0:01:12	0:01:43						0:01:29	0:01:59		
Top 5	1:56:36	2:01:22	1:54:00	1:54:18	1:53:14	1:48:17	1:50:01						1:48:02	1:52:58		
Top 7 (Goal 2:43.16)	2:44:35	2:51:30	2:41:05	2:40:40	2:40:24	2:32:38	2:35:51						2:32:22	2:39:42		
Spread	0:01:03	0:01:36	0:01:21	0:00:36	0:01:36	0:01:00	0:01:27						0:01:15	0:01:21		

Gold = top 7 in race

Green = Season Record

Race1 Under The Lights
Race2 Unity Invitational
Race3 Christian School Invite
Race4 Ottawa Hills Invite
Race5 Conference Jamboree #1
Race6 Autumn Sunrise
Race7 Otsego
Race8 Conference Jamboree #2
Race9 Portage

Team 5 Team 7
19:59.9 01:36:59.9 02:15:59.0
21:59.9 01:39:59.9 02:21:59.9
23:59.9 01:42:59.9 02:25:59.9

Improvement is defined as difference between slowest and fastest races

Boys Varsity
Otsego

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
1	Caleb DenHartigh	05:29	05:19 ▼ -00:09		10:58	10:50	05:25 🟡 -00:02.7	05:32.6 🟡 00:05	17:00 🟡 16:55.8	05:28	-00:04	00:14	🏆	🏆			
2	Alex Ten Haken	05:38	05:31 ▼ -00:10		11:17	11:21	05:40 🟡 -00:01.0	05:43.2 🟡 00:02	17:29 🟡 17:38.5	05:41	00:09	00:12					
3	Grady Bremer	05:42	05:33 ▼ -00:09		11:23	11:18	05:39 🟡 -00:02.8	05:47.0 🟢 00:05	17:39 🟡 17:39.7	05:42	00:01	00:14					
4	Caden Leatherman	05:57	05:47 ▼ -00:05		11:53	11:45	05:52 🟡 00:00.4	05:51.3 🟡 -00:01	18:26 🟡 18:11.4	05:52	-00:14	00:06	🏆	🏆			
5	Ethan Miller	05:54	05:56 🟡 00:01		11:48	11:58	05:59 🟡 00:04.3	05:46.8 ▼ -00:08	18:17 🟡 18:19.5	05:55	00:03	00:12					
6	Benjamin Hoekstra	05:56	05:56 🟡 -00:01		11:52	11:58	05:59 🟡 00:02.4	05:52.2 🟡 -00:04	18:24 🟡 18:25.4	05:57	00:01	00:07					
9	Lukas Wierenga	06:22	06:10 ▼ -00:10		12:44	12:34	06:17 🟡 -00:02.9	06:25.2 🟢 00:05	19:44 🟡 19:37.7	06:20	-00:07	00:15	🏆	🏆			

Boys JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
7	Evan Miedema	06:15	05:56 ▼ -00:09		12:29	12:07	06:03 🟡 -00:02	06:08 🟡 00:03	19:21 🟡 18:51.7	06:05	-00:30	00:12	🏆				
10	Tyler Bakhuyzen	06:24	06:01 ▼ -00:23		12:47	12:31	06:16 ▼ -00:08	06:39 🟢 00:15	19:49 🟡 19:49.4	06:24	00:00	00:38					
13	Jacob Kuipers	06:25	06:14 ▼ -00:22		12:50	13:07	06:34 🟡 -00:03	06:41 🟡 00:05	19:53 🟡 20:28.3	06:36	00:35	00:27					
14	Alden Lucas	06:47	06:36 🟡 -00:01		13:33	13:30	06:45 🟢 00:08	06:22 ▼ -00:15	21:01 🟡 20:29.8	06:37	-00:31	00:23	🏆	🏆			
15	Everett Kalsbeek	06:41	06:20 ▼ -00:17		13:21	13:18	06:39 🟡 00:02	06:33 🟡 -00:04	20:42 🟡 20:30.7	06:37	-00:12	00:19	🏆	🏆			
16	Johnny Gruppen	06:56	06:30 ▼ -00:12		13:52	13:23	06:41 🟡 -00:01	06:43 🟡 00:01	21:29 🟡 20:46.4	06:42	-00:43	00:13	🏆	🏆			
17	Ben Brower	06:55	06:30 ▼ -00:13		13:50	13:23	06:41 🟡 -00:01	06:44 🟡 00:02	21:27 🟡 20:47.8	06:43	-00:39	00:14	🏆	🏆			
18	Brandon Weber	06:47	06:37 ▼ -00:06		13:34	13:30	06:45 🟡 00:02	06:40 🟡 -00:04	21:02 🟡 20:49.5	06:43	-00:12	00:08	🏆	🏆			
28	Lucas Buys	07:15	07:07 ▼ -00:08		14:30	14:26	07:13 🟡 -00:02	07:18 🟡 00:03	22:29 🟡 22:28.0	07:15	-00:01	00:11	🏆	🏆			
33	Evan Schrier	07:28	07:09 ▼ -00:29		14:57	14:59	07:29 ▼ -00:09	07:54 🟢 00:16	23:10 🟡 23:39.9	07:38	00:30	00:45					
36	Logan Kowalke	07:05	07:30 ▼ -00:19		14:09	15:30	07:45 🟡 -00:04	07:56 🟢 00:07	21:56 🟡 24:13.2	07:49	02:17	00:26					
40	Cole Schmidt	07:43	07:49 ▼ -00:32		15:26	16:27	08:13 ▼ -00:08	08:35 🟡 00:14	23:55 🟡 25:53.2	08:21	01:58	00:46					
44	Connor Scholma	08:42	07:53 ▼ -00:48		17:25	16:55	08:28 ▼ -00:14	09:07 🟢 00:25	27:00 🟡 26:56.6	08:41	-00:03	01:14	🏆				
49	Dylan Duimstra	06:27			12:53				19:59								

- Legend:
- Mile1_Est Estimated time to pass Mile 1
 - Mile1_Act Actual Time to pass mile 1 checkpoint
 - 1vsAvg +/- compared to average PPM for mile 1
 - Mile2_Est Estimated Mile 2
 - Mile2_Act Actual Mile 2
 - Mile2_PPM Mile 2 PPM
 - 2vsAvg +/- compared to average PPM for mile 2
 - Mile3_PPM Mile 2 to finish of 1.1 miles at a PPM
 - 3vsAvg +/- compared to average PPM for mile 3.1
 - Est_Finish Estimated Finish
 - Actual Actual Finish
 - Act_PPM Actual PPM for entire race
 - Act_vs_Est +/- from estimate
 - Spread Difference between fastest mile and slowest mile.
 - PR Personal Record
 - A<E Actual less than Estimated

▲ Below Average PPM
 🟡 On Target
 ▼ Above Average PPM

Gold 16:59.9
 Silver 18:59.9
 Bronze 20:59.9

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Caleb DenHartigh	17:55.5	18:44.8	17:40.3	17:45.4	17:45.3	17:00.1	16:55.8					16:55.8	16:55.8	17:41.0	-0:01:49.0	🏆
Alex Ten Haken	19:14.3	19:25.2	17:50.7	17:52.0	19:32.0	17:29.3	17:38.5					17:29.3	17:29.3	18:26.0	-0:02:02.7	🏆
Grady Bremer	18:11.6	18:58.0	17:57.7	18:07.3	18:12.0	17:38.8	17:39.7					17:38.8	17:38.8	18:06.5	-0:01:19.2	🏆
Caden Leatherman	19:12.0	19:57.8	19:29.9	18:33.6	18:56.9	18:25.9	18:11.4					18:11.4	18:11.4	18:58.2	-0:01:46.4	🏆
Ethan Miller	19:09.2		18:57.0	18:26.2	18:59.9	18:16.7	18:19.5					18:02.6	18:16.7	18:41.4	-0:00:52.5	
Benjamin Hoekstra	19:19.9	20:27.6	19:03.4	18:41.9	19:01.0	18:24.0	18:25.4					18:20.8	18:24.0	19:03.3	-0:02:03.6	
Evan Miedema	19:45.9	21:06.5	19:21.4	19:44.1	19:43.3	20:03.6	18:51.7					18:20.1	18:51.7	19:48.1	-0:02:14.8	
Lukas Wierenga	19:55.6	20:29.8	19:52.0	20:08.5	20:32.4	19:44.4	19:37.7					19:37.7	19:37.7	20:02.9	-0:00:54.7	🏆
Tyler Bakhuyzen	20:06.2	21:32.8	19:51.4	19:48.9	21:12.9	19:49.1	19:49.4					18:35.8	19:48.9	20:18.7	-0:01:43.9	
Jacob Kuipers	21:37.6	21:50.2	20:59.2	20:24.1	20:36.4	19:53.1	20:28.3					19:53.1	19:53.1	20:49.9	-0:01:57.1	🏆
Alden Lucas	21:35.0	23:05.8	21:43.0	21:09.0	21:40.9	21:00.6	20:29.8					20:29.8	20:29.8	21:32.0	-0:02:36.0	🏆
Everett Kalsbeek	21:35.7	21:56.7	20:58.5	21:01.7	21:38.8	20:42.2	20:30.7					20:30.7	20:30.7	21:12.1	-0:01:26.0	🏆
Johnny Gruppen	23:21.4	23:48.3	22:16.9	21:58.5	22:37.0	21:29.2	20:46.4					20:46.4	20:46.4	22:19.7	-0:03:01.9	🏆
Ben Brower	24:36.0	26:39.4	23:36.6		22:26.7	21:26.7	20:47.8					20:47.8	20:47.8	23:15.5	-0:05:51.6	🏆
Brandon Weber	21:44.0	23:13.0	21:32.1	21:01.6	21:41.8	21:04.1	20:49.5					20:49.5	20:49.5	21:35.2	-0:02:23.5	🏆
Lucas Buys	23:06.1	23:52.6	23:02.8	23:06.6	22:39.1	22:28.8	22:28.0					22:28.0	22:28.0	22:57.7	-0:01:24.6	🏆
Evan Schrier	23:41.6	25:32.1	23:35.0	24:34.1	25:15.2	23:10.0	23:39.9					21:44.7	23:10.0	24:12.6	-0:02:22.1	
Logan Kowalke	24:35.5			23:01.6	21:56.4	22:58.0	24:13.2					21:56.4	21:56.4	23:20.9	-0:02:39.1	🏆
Cole Schmidt	27:41.0	28:41.7	24:39.7	24:57.5	24:34.5	23:54.9	25:53.2					22:36.1	23:54.9	25:46.1	-0:04:46.8	
Connor Scholma	29:50.0	29:56.7	30:01.1	27:10.5	27:54.2	26:59.6	26:56.6					24:53.4	26:56.6	28:24.1	-0:03:04.5	
Dylan Duimstra	20:47.3	21:36.9	20:57.5	20:06.5	20:39.9	19:58.6						19:58.6	19:58.6	20:41.1	-0:01:38.3	🏆

Varsity	Top 5 (Goal 1:26:01)	1:33:43	1:37:33	1:31:29	1:30:45	1:32:55	1:28:49	1:28:45					1:28:32	1:31:53	Avg: -0:02:17	
	Top 7 (Goal 2:01:08)	2:12:48	2:19:10	2:10:20	2:09:11	2:12:10	2:06:59	2:06:02					2:05:48	2:10:45		
	Spread (1:00)	0:01:50	0:02:22	0:01:50	0:01:59	0:01:58	0:02:44	0:01:56					0:01:56	0:02:07		
JV	Top 5	1:44:00	1:50:02	1:42:39	1:41:30	1:44:40	1:40:27	1:40:56					1:39:48	1:43:05		
	Top 7 (Goal 2:11:33)	2:27:21	2:37:04	2:25:54	2:23:40	2:28:03	2:22:31	2:22:30					2:21:05	2:26:12		
	Spread	0:01:48	0:02:16	0:01:52	0:01:20	0:01:09	0:01:15	0:01:10					0:01:09	0:01:32		

Gold = top 7 in race
Green = Season Record

Race1	Under The Lights		
Race2	Unity Invitational		
Race3	Christian School Invite	Gold	16:59.9
Race4	Ottawa Hills Invite	Silver	18:59.9
Race5	Conference Jamboree #1	Bronze	20:59.0
Race6	Autumn Sunrise		
Race7	Otsego		
Race8	Conference Jamboree #2		
Race9	Portage		
Race10	Conference Jamboree #3		
Race11	Regionals		
Race12	State		

Improvement is defined as difference between slowest and fastest races