

Girls Varsity
Portage

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
9	Maddie Bosch	06:18	05:57 ▼	-00:21	12:35	12:27	06:13 🟡	-00:04	06:25 ▲	00:08	19:31 🟡	19:31.0	06:18	00:00	00:28		
10	Carly Bruxvoort	06:25	06:12 ▼	-00:17	12:49	12:54	06:27 🟡	-00:02	06:32 🟡	00:03	19:52 🟡	20:05.4	06:29	00:13	00:20		
11	Sierra Grooters	06:28	06:12 ▼	-00:18	12:57	12:54	06:27 🟡	-00:03	06:35 🟡	00:05	20:04 🟡	20:08.1	06:30	00:04	00:23		
17	Maddie Bruxvoort	06:33	06:20 ▼	-00:23	13:06	13:03	06:31 ▼	-00:12	07:04 ▲	00:21	20:18 🟡	20:49.5	06:43	00:31	00:44		
18	Alaina Gruppen	06:47	06:29 ▼	-00:16	13:34	13:19	06:40 ▼	-00:06	06:55 ▲	00:10	21:01 🟡	20:55.8	06:45	-00:06	00:26	🏆	🏆
20	Riley DenHartigh	06:46	06:47 🟡	-00:03	13:33	13:45	06:52 🟡	00:02	06:47 🟡	-00:04	21:00 🟡	21:12.5	06:50	00:12	00:06		
25	Maya VanSolkema	06:42	06:32 ▼	-00:24	13:24	13:31	06:45 ▼	-00:11	07:16 ▲	00:20	20:47 🟡	21:30.8	06:56	00:44	00:44		

Girls JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
23	Noelle Nienhuis	07:11	06:52 🟡	-00:03	14:22	13:54	06:57 🟡	00:02	06:52 🟡	-00:03	22:17 🟡	21:27.7	06:55	-00:49	00:05		🏆
24	Ana Beimers	06:55	06:36 ▼	-00:20	13:50	13:39	06:50 ▼	-00:06	07:08 ▲	00:12	21:26 🟡	21:29.5	06:56	00:03	00:32		
26	Lauryn Byker	07:06	06:54 🟡	-00:04	14:12	14:00	07:00 🟡	00:02	06:54 🟡	-00:04	22:00 🟡	21:35.3	06:58	-00:25	00:06	🏆	🏆
27	Kenna Caryl	06:58	06:51 ▼	-00:10	13:55	13:59	07:00 🟡	-00:02	07:05 🟡	00:03	21:34 🟡	21:46.3	07:01	00:12	00:14		
28	Alyssa Seinen	07:20	06:57 🟡	-00:05	14:39	14:05	07:02 🟡	00:01	07:00 🟡	-00:01	22:43 🟡	21:47.4	07:02	-00:55	00:05	🏆	🏆
29	Katelynn Boyd	07:07	06:54 ▼	-00:08	14:14	14:04	07:02 🟡	00:00	07:02 🟡	-00:00	22:04 🟡	21:48.0	07:02	-00:16	00:08	🏆	🏆
30	Noelle Wielhouwer	07:23	07:08 ▲	00:06	14:46	14:17	07:08 ▲	00:06	06:51 ▼	-00:11	22:53 🟡	21:49.3	07:02	-01:03	00:17	🏆	🏆
31	Taryn Landers	07:13	06:54 ▼	-00:09	14:27	14:01	07:01 🟡	-00:02	07:06 🟡	00:04	22:23 🟡	21:49.9	07:03	-00:33	00:12		🏆
33	Natalie Kooyer	07:22	06:59 ▼	-00:14	14:44	14:22	07:11 🟡	-00:02	07:17 🟡	00:04	22:51 🟡	22:22.9	07:13	-00:28	00:18		🏆
35	Lydia VanderMolen	07:12	07:40 🟡	00:05	14:24	15:26	07:43 ▲	00:08	07:22 ▼	-00:14	22:20 🟡	23:32.0	07:35	01:12	00:21		
36	Kasey Haartman	07:46	07:40 🟡	00:03	15:31	15:27	07:44 ▲	00:07	07:25 ▼	-00:12	24:03 🟡	23:36.0	07:37	-00:27	00:19		🏆
37	Katie Landstra	07:30	07:31 ▼	-00:11	14:59	15:21	07:40 🟡	-00:02	07:46 🟡	00:04	23:14 🟡	23:53.7	07:42	00:39	00:15		
38	Avery Dekker	07:43	07:39 ▼	-00:08	15:26	15:28	07:44 🟡	-00:03	07:52 🟡	00:05	23:55 🟡	24:06.7	07:47	00:12	00:13		
39	Ashley Binder	07:57	07:53 ▲	00:05	15:54	15:50	07:55 ▲	00:07	07:34 ▼	-00:13	24:38 🟡	24:09.6	07:48	-00:29	00:21	🏆	🏆
41	Aeris Ensing	08:29	07:56 ▼	-00:18	16:58	16:26	08:13 🟡	-00:01	08:15 🟡	00:01	26:17 🟡	25:30.8	08:14	-00:46	00:19	🏆	🏆
42	Serafina Seiter	08:33	08:05 ▼	-00:11	17:05	16:31	08:16 🟡	-00:00	08:16 🟡	00:00	26:29 🟡	25:36.5	08:16	-00:53	00:11	🏆	🏆
43	Kylie Leatherman	08:33	07:54 ▼	-00:23	17:06	16:31	08:16 🟡	-00:01	08:19 🟡	00:02	26:30 🟡	25:39.7	08:17	-00:50	00:25	🏆	🏆
45	Alaina Miedema	08:59	08:34 ▼	-00:11	17:58	17:35	08:48 🟡	00:03	08:40 ▼	-00:05	27:51 🟡	27:06.6	08:45	-00:44	00:14	🏆	🏆
46	Sadie Schout																
47	Makayla Meeuwssen																
48	Alli Wassink																
50	Caroline Schippers	07:06			14:11						22:00						
51	Sophia Miller	07:47			15:35						24:09						

Legend:	Mile1_Est	Estimated time to pass Mile 1																
	Mile1_Act	Actual Time to pass mile 1 checkpoint																
	1vsAvg	+/- compared to average PPM for mile 1																
	Mile2_Est	Estimated Mile 2																
	Mile2_Act	Actual Mile 2																
	Mile2_PPM	Mile 2 PPM																
	2vsAvg	+/- compared to average PPM for mile 2																
	Mile3_PPM	Mile 2 to finish of 1.1 miles at a PPM																
	3vsAvg	+/- compared to average PPM for mile 3.1																
	Est_Finish	Estimated Finish																
	Actual	Actual Finish																
	Act_PPM	Actual PPM for entire race																
	Act_vs_Est	+/- from estimate																
	Spread	Difference between fastest mile and slowest mile.																
	PR	Personal Record																
	A<E	Actual less than Estimated																

Sub	
Gold	19:59.9
Silver	21:59.9
Bronze	23:59.9

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Maddie Bosch	20:21.1	0:20:57	0:19:49	0:19:35	0:19:42	0:19:48	0:19:31	0:19:54	0:19:31			19:30.8	19:30.8	19:54.2	-0:01:26	🏆
Carly Bruxvoort	21:26.0	0:22:41	0:20:39	0:20:46	0:20:59	0:19:52	0:20:57	0:21:18	0:20:05			19:52.1	19:52.1	20:58.1	-0:02:49	🏆
Sierra Grooters	21:25.6	0:22:42	0:20:42	0:21:05	0:21:00	0:20:04	0:20:19	0:20:56	0:20:08			20:03.8	20:03.8	20:55.7	-0:02:38	🏆
Maddie Bruxvoort	21:36.1	0:22:50	0:21:21	0:21:11	0:21:27	0:20:24	0:20:18	0:20:57	0:20:50			19:55.5	20:18.1	21:12.6	-0:02:31	
Alaina Gruppen	24:09.1	0:23:12	0:21:16	0:21:36	0:21:55	0:21:17	0:21:01	0:21:48	0:20:56			20:55.8	20:55.8	21:54.4	-0:03:13	🏆
Riley DenHartigh	22:43.3	0:23:19	0:21:19		0:22:05	0:21:00	0:21:14	0:21:39	0:21:13			21:00.1	21:00.1	21:48.8	-0:02:18	🏆
Noelle Nienhuis	23:49.7	0:24:45	0:23:21	0:22:55	0:23:03	0:22:17	0:23:10	0:22:58	0:21:28			20:28.3	21:27.7	23:05.0	-0:03:17	
Ana Beimers	23:18.1	0:25:09	0:23:28	0:22:33	0:22:40	0:21:26	0:21:35	0:22:58	0:21:30			20:50.2	21:26.1	22:44.1	-0:03:43	
Maya VanSolkema	21:19.0	0:22:36	0:21:22	0:21:19	0:21:34	0:20:47	0:21:00	0:21:43	0:21:31			20:46.6	20:46.6	21:27.7	-0:01:49	🏆
Laurny Byker	23:05.8	0:23:52	0:22:54	0:22:58	0:22:29	0:22:00	0:22:15	0:22:46	0:21:35			21:35.3	21:35.3	22:39.3	-0:02:17	🏆
Kenna Caryl	22:02.9	0:23:33	0:22:16	0:22:38	0:22:07	0:21:34	0:21:44	0:22:46	0:21:46			21:34.4	21:34.4	22:16.3	-0:01:59	🏆
Alyssa Seinen	24:15.6	0:25:00	0:23:39	0:23:08	0:23:27	0:22:43	0:22:47	0:23:38	0:21:47			21:47.4	21:47.4	23:22.7	-0:03:12	🏆
Katelynn Boyd	23:15.8	0:24:26	0:22:26	0:22:43	0:23:43	0:22:04	0:22:05	0:23:31	0:21:48			21:48.0	21:48.0	22:53.4	-0:02:38	🏆
Noelle Wielhouwer	28:22.9	0:25:31	0:24:33	0:25:05	0:25:00	0:22:53	0:23:48	0:24:32	0:21:49			21:49.3	21:49.3	24:37.2	-0:06:34	🏆
Taryn Landers	24:20.3	0:24:47	0:23:37	0:23:05	0:22:55	0:22:41	0:22:23	0:22:58	0:21:50			21:09.3	21:49.9	23:10.7	-0:02:57	
Natalie Kooyer	25:17.1	0:25:31	0:24:01	0:23:39	0:24:08	0:22:51	0:23:03	0:24:06	0:22:23			21:08.7	22:22.9	23:53.0	-0:03:08	
Lydia VanderMolen	26:19.2	0:26:26	0:24:24	0:25:09	0:24:59	0:24:09			0:23:32			22:19.5	23:32.0	24:59.7	-0:02:54	
Kasey Haartman	25:24.3	0:26:24	0:24:43	0:24:59	0:25:17	0:24:03	0:24:36	0:24:36	0:23:36			23:16.4	23:36.0	24:50.8	-0:02:48	
Katie Landstra	23:37.8	0:25:24	0:23:48	0:23:14	0:23:55	0:23:36	0:23:58	0:25:28	0:23:54			23:14.2	23:14.2	24:06.1	-0:02:14	🏆
Avery Dekker	26:00.8	0:27:24	0:24:30	0:24:37	0:26:17	0:23:55	0:24:21	0:25:55	0:24:07			23:15.4	23:54.9	25:14.1	-0:03:29	
Ashley Binder	27:18.1	0:29:03	0:27:26	0:25:45	0:25:07	0:25:22	0:24:38	0:24:40	0:24:10			24:09.6	24:09.6	25:56.5	-0:04:53	🏆
Aeris Ensing	27:57.6	0:30:03	0:27:30	0:26:28	0:27:30	0:27:46	0:26:17	0:27:03	0:25:31			25:30.8	25:30.8	27:20.6	-0:04:32	🏆
Serafina Seiter			0:29:30				0:26:29		0:25:37			25:36.5	25:36.5	27:12.0	-0:03:54	🏆
Kylie Leatherman	28:07.4	0:31:04	0:30:21	0:27:14	0:27:29	0:27:00	0:26:30	0:27:41	0:25:40			25:39.7	25:39.7	27:53.9	-0:05:25	🏆
Alaina Miedema	32:50.0	0:35:11	0:30:26	0:30:15	0:29:26	0:28:56	0:27:51	0:29:55	0:27:07			27:06.6	27:06.6	30:13.0	-0:08:04	🏆
Sophia Miller	26:30.6			0:25:48	0:25:28	0:25:27		0:25:47				25:26.7	25:26.7	25:48.1	-0:01:04	🏆
Caroline Schippers	23:18.3	0:25:23	0:23:02	0:23:31	0:24:27	0:22:00	0:23:03	0:24:00				21:59.5	21:59.5	23:35.6	-0:03:24	🏆
Alli Wassink	28:04.1	0:29:40	0:26:57									26:57.0	26:57.0	28:13.7	-0:02:43	🏆
Sadie Schout						0:20:05						20:05.0	20:05.0	20:05.0		🏆
Makayla Meeuwssen						0:25:50						25:50.0	25:50.0	25:50.0		🏆

Varsity

JV

Top 5 (Goal 1:40:29)	1:46:08	1:51:45	1:43:45	1:43:56	1:44:42	1:40:12	1:42:05	1:44:44	1:41:30			1:39:50	1:43:06	Avg: -0:03:04		
Top 7 (Goal 2:29:28)	2:30:54	2:38:15	2:26:28	2:28:04	2:28:42	2:21:59	2:24:19	2:28:15	2:24:10			2:21:32	2:26:22			
Spread (1:50)	0:02:22	0:02:22	0:01:32	0:02:58	0:02:23	0:01:12	0:01:43	0:01:54	0:01:57			0:01:25	0:01:55			
Top 5	1:56:36	2:01:22	1:54:00	1:54:18	1:53:14	1:48:17	1:50:01	1:54:25	1:48:09			1:47:04	1:52:28			
Top 7 (Goal 2:43.16)	2:44:35	2:51:30	2:41:05	2:40:40	2:40:24	2:32:38	2:35:51	2:41:34	2:31:47			2:30:39	2:38:43			
Spread	0:01:03	0:01:36	0:01:21	0:00:36	0:01:36	0:01:00	0:01:27	0:00:53	0:00:20			0:00:48	0:01:16			

Gold = top 7 in race
Green = Season Record

Race1	Under The Lights	Team 5	Team 7
Race2	Unity Invitational	Gold	19:59.9 01:36:59.9 02:15:59.0
Race3	Christian School Invite	Silver	21:59.9 01:39:59.9 02:21:59.9
Race4	Ottawa Hills Invite	Bronze	23:59.9 01:42:59.9 02:25:59.9
Race5	Conference Jamboree #1		
Race6	Autumn Sunrise		
Race7	Otsego		
Race8	Conference Jamboree #2		
Race9	Portage		

Improvement is defined as difference between slowest and fastest races

Boys Varsity
Portage

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
1	Alex Ten Haken	05:38	05:40 ▼	-00:06	11:17	11:40	05:50	00:04.2	05:38.1 ▼	-00:08	17:29	17:51.9	05:46	00:23	00:12		
2	Ethan Miller	05:54	05:49 ▬	00:02	11:48	11:46	05:53 ▲	00:06.1	05:35.9 ▼	-00:11	18:17	17:55.5	05:47	-00:21	00:17	👤	👤
3	Caleb DenHartigh	05:28	05:43 ▼	-00:05	10:55	11:35	05:47	-00:00.6	05:49.2	00:01	16:56	17:59.1	05:48	01:03	00:06		
4	Caden Leathermai	05:52	05:47 ▼	-00:06	11:44	11:47	05:53	00:00.9	05:50.9	-00:02	18:11	18:13.0	05:53	00:02	00:07		
5	Benjamin Hoekstr	05:56	05:51 ▼	-00:14	11:52	12:02	06:01	-00:03.8	06:11.6 ▲	00:07	18:24	18:50.8	06:05	00:27	00:21		
7	Lukas Wierenga	06:20	06:04 ▼	-00:11	12:40	12:20	06:10	-00:04.5	06:22.8 ▲	00:08	19:38	19:21.1	06:15	-00:17	00:19	👤	👤
8	Evan Miedema	06:05	06:03 ▼	-00:15	12:10	12:19	06:09 ▼	-00:08.2	06:32.7 ▲	00:15	18:52	19:31.0	06:18	00:39	00:30		

Boys JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
6	Tyler Bakhuyzen	06:24	06:12 ▬	-00:02	12:47	12:30	06:15	00:01	06:12	-00:02	19:49	19:19.4	06:14	-00:30	00:03		👤
12	Dylan Duimstra	06:27	06:23 ▼	-00:08	12:53	12:58	06:29	-00:02	06:36	00:05	19:59	20:13.6	06:31	00:15	00:13		
13	Jacob Kuipers	06:25	06:21 ▼	-00:13	12:50	13:02	06:31	-00:03	06:40	00:06	19:53	20:22.4	06:34	00:29	00:19		
14	Alden Lucas	06:37	06:37 ▬	-00:02	13:13	13:25	06:43	00:04	06:32	-00:07	20:30	20:36.0	06:39	00:06	00:11		
15	Ben Brower	06:43	06:29 ▼	-00:10	13:25	13:19	06:40	00:01	06:37	-00:01	20:48	20:36.1	06:39	-00:12	00:11	👤	👤
16	Everett Kalsbeek	06:37	06:28 ▼	-00:11	13:14	13:20	06:40	00:01	06:37	-00:02	20:31	20:36.5	06:39	00:06	00:12		
19	Johnny Gruppen	06:42	06:39 ▼	-00:06	13:24	13:34	06:47	00:02	06:43	-00:03	20:46	20:57.0	06:45	00:11	00:08		
21	Brandon Weber	06:43	06:38 ▼	-00:16	13:26	13:34	06:47 ▼	-00:07	07:07 ▲	00:13	20:50	21:23.2	06:54	00:34	00:29		
22	Lucas Buys	07:15	06:44 ▼	-00:11	14:30	13:40	06:50	-00:05	07:04 ▲	00:09	22:28	21:26.0	06:55	-01:02	00:20	👤	👤
32	Evan Schrier	07:28	06:58 ▼	-00:08	14:57	14:13	07:07	00:00	07:06	-00:01	23:10	22:01.1	07:06	-01:09	00:09		👤
34	Logan Kowalke	07:05	06:40 ▼	-00:41	14:09	14:13	07:07 ▼	-00:14	07:47 ▲	00:26	21:56	22:46.9	07:21	00:51	01:07		
40	Cole Schmidt	07:43	07:57 ▬	-00:01	15:26	16:26	08:13 ▲	00:15	07:31 ▼	-00:27	23:55	24:42.4	07:58	00:48	00:42		
44	Connor Scholma	08:41	07:59 ▼	-00:23	17:23	16:33	08:17 ▼	-00:05	08:31 ▲	00:09	26:57	25:54.9	08:22	-01:02	00:32		👤
49	Grady Bremer																

- Legend:
- Mile1_Est Estimated time to pass Mile 1
 - Mile1_Act Actual Time to pass mile 1 checkpoint
 - 1vsAvg +/- compared to average PPM for mile 1
 - Mile2_Est Estimated Mile 2
 - Mile2_Act Actual Mile 2
 - Mile2_PPM Mile 2 PPM
 - 2vsAvg +/- compared to average PPM for mile 2
 - Mile3_PPM Mile 2 to finish of 1.1 miles at a PPM
 - 3vsAvg +/- compared to average PPM for mile 3.1
 - Est_Finish Estimated Finish
 - Actual Actual Finish
 - Act_PPM Actual PPM for entire race
 - Act_vs_Est +/- from estimate
 - Spread Difference between fastest mile and slowest mile.
 - PR Personal Record
 - A<E Actual less than Estimated

- Gold 16:59.9
- Silver 18:59.9
- Bronze 20:59.9

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Alex Ten Haken	19:14.3	19:25.2	17:50.7	17:52.0	19:32.0	17:29.3	17:38.5	18:32.8	17:51.9			17:29.3	17:29.3	18:23.0	-0:02:02.7	🏆
Ethan Miller	19:09.2		18:57.0	18:26.2	18:59.9	18:16.7	18:19.5	18:32.2	17:55.5			17:55.5	17:55.5	18:34.5	-0:01:13.7	🏆
Caleb DenHartigh	17:55.5	18:44.8	17:40.3	17:45.4	17:45.3	17:00.1	16:55.8	18:00.1	17:59.1			16:55.8	16:55.8	17:45.2	-0:01:49.0	🏆
Caden Leatherman	19:12.0	19:57.8	19:29.9	18:33.6	18:56.9	18:25.9	18:11.4	18:50.4	18:13.0			18:11.4	18:11.4	18:52.3	-0:01:46.4	🏆
Benjamin Hoekstra	19:19.9	20:27.6	19:03.4	18:41.9	19:01.0	18:24.0	18:25.4	19:03.7	18:50.8			18:20.8	18:24.0	19:02.0	-0:02:03.6	
Tyler Bakhuyzen	20:06.2	21:32.8	19:51.4	19:48.9	21:12.9	19:49.1	19:49.4	20:35.3	19:19.4			18:35.8	19:19.4	20:13.9	-0:02:13.4	
Lukas Wierenga	19:55.6	20:29.8	19:52.0	20:08.5	20:32.4	19:44.4	19:37.7	20:23.5	19:21.1			19:21.1	19:21.1	20:00.6	-0:01:11.3	🏆
Evan Miedema	19:45.9	21:06.5	19:21.4	19:44.1	19:43.3	20:03.6	18:51.7	19:51.0	19:31.0			18:20.1	18:51.7	19:46.5	-0:02:14.8	
Dylan Duimstra	20:47.3	21:36.9	20:57.5	20:06.5	20:39.9	19:58.6		21:13.1	20:13.6			19:58.6	19:58.6	20:41.7	-0:01:38.3	🏆
Jacob Kuipers	21:37.6	21:50.2	20:59.2	20:24.1	20:36.4	19:53.1	20:28.3	20:50.9	20:22.4			19:53.1	19:53.1	20:46.9	-0:01:57.1	🏆
Alden Lucas	21:35.0	23:05.8	21:43.0	21:09.0	21:40.9	21:00.6	20:29.8	21:26.3	20:36.0			20:29.8	20:29.8	21:25.2	-0:02:36.0	🏆
Ben Brower	24:36.0	26:39.4	23:36.6		22:26.7	21:26.7	20:47.8	21:26.4	20:36.1			20:36.1	20:36.1	22:42.0	-0:06:03.3	🏆
Everett Kalsbeek	21:35.7	21:56.7	20:58.5	21:01.7	21:38.8	20:42.2	20:30.7	21:28.6	20:36.5			20:30.7	20:30.7	21:09.9	-0:01:26.0	🏆
Johnny Gruppen	23:21.4	23:48.3	22:16.9	21:58.5	22:37.0	21:29.2	20:46.4	22:11.4	20:57.0			20:46.4	20:46.4	22:09.6	-0:03:01.9	🏆
Brandon Weber	21:44.0	23:13.0	21:32.1	21:01.6	21:41.8	21:04.1	20:49.5	21:33.3	21:23.2			20:49.5	20:49.5	21:33.6	-0:02:23.5	🏆
Lucas Buys	23:06.1	23:52.6	23:02.8	23:06.6	22:39.1	22:28.8	22:28.0	22:37.6	21:26.0			21:26.0	21:26.0	22:45.3	-0:02:26.6	🏆
Evan Schrier	23:41.6	25:32.1	23:35.0	24:34.1	25:15.2	23:10.0	23:39.9	23:19.0	22:01.1			21:44.7	22:01.1	23:52.0	-0:03:31.0	
Logan Kowalke	24:35.5		23:01.6	21:56.4	22:58.0	24:13.2		22:46.9				21:56.4	21:56.4	23:15.3	-0:02:39.1	🏆
Cole Schmidt	27:41.0	28:41.7	24:39.7	24:57.5	24:34.5	23:54.9	25:53.2	25:41.5	24:42.4			22:36.1	23:54.9	25:38.5	-0:04:46.8	
Connor Scholma	29:50.0	29:56.7	30:01.1	27:10.5	27:54.2	26:59.6	26:56.6	27:23.9	25:54.9			24:53.4	25:54.9	28:00.8	-0:04:06.2	
Grady Bremer	18:11.6	18:58.0	17:57.7	18:07.3	18:12.0	17:38.8	17:39.7					17:38.8	17:38.8	18:06.5	-0:01:19.2	🏆

Varsity	Top 5 (Goal 1:26:01)	1:33:43	1:37:33	1:31:29	1:30:45	1:32:55	1:28:49	1:28:45	1:32:59	1:30:50			1:28:11	1:31:41	Avg: -0:02:30
	Top 7 (Goal 2:01:08)	2:12:48	2:19:10	2:10:20	2:09:11	2:12:10	2:06:59	2:06:02	2:13:14	2:09:31			2:05:27	2:10:30	
	Spread (1:00)	0:01:50	0:02:22	0:01:50	0:01:59	0:01:58	0:02:44	0:01:56	0:02:23	0:01:29			0:01:56	0:02:01	
JV	Top 5	1:44:00	1:50:02	1:42:39	1:41:30	1:44:40	1:40:27	1:40:56	1:45:32	1:41:19			1:39:02	1:42:53	
	Top 7 (Goal 2:11:33)	2:27:21	2:37:04	2:25:54	2:23:40	2:28:03	2:22:31	2:22:30	2:28:34	2:22:53			2:20:09	2:25:52	
	Spread	0:01:48	0:02:16	0:01:52	0:01:20	0:01:09	0:01:15	0:01:10	0:00:58	0:01:26			0:01:17	0:01:33	

Gold = top 7 in race

Green = Season Record

Race1	Under The Lights		
Race2	Unity Invitational		
Race3	Christian School Invite	Gold	16:59.9
Race4	Ottawa Hills Invite	Silver	18:59.9
Race5	Conference Jamboree #1	Bronze	20:59.0
Race6	Autumn Sunrise		
Race7	Otsego		
Race8	Conference Jamboree #2		
Race9	Portage		
Race10	Conference Jamboree #3		
Race11	Regionals		
Race12	State		

Improvement is defined as difference between slowest and fastest races