

Boys Varsity  
Under The Lights

| Position | Athlete          | Mile1_Est | Mile1_Act      | 1vsAvg | Mile2_Est | Mile2_Act    | Mile2_PPM | 2vsAvg    | Mile3_PPM | 3vsAvg  | Est_Finish | Actual           | Act_PPM | Act_vs_Est | Spread | PR | A<E |
|----------|------------------|-----------|----------------|--------|-----------|--------------|-----------|-----------|-----------|---------|------------|------------------|---------|------------|--------|----|-----|
| 1        | Graeson Decker   | 06:03     | <b>05:18</b> ▼ | -00:17 | 12:07     | <b>11:01</b> | 05:30     | On Target | 05:42.1   | ▲ 00:07 | 18:46      | ● <b>17:17.3</b> | 05:35   | -01:29     | 00:24  | 🏆  | 🏆   |
| 2        | Alex Ten Haken   | 06:10     | <b>05:36</b> 🟡 | -00:03 | 12:19     | <b>11:22</b> | 05:41     | On Target | 05:35.1   | -00:04  | 19:06      | ● <b>17:30.6</b> | 05:39   | -01:36     | 00:06  |    | 🏆   |
| 3        | Caleb DenHartigh | 05:48     | <b>05:28</b> ▼ | -00:14 | 11:36     | <b>11:17</b> | 05:39     | On Target | 05:49.0   | 00:07   | 17:59      | ● <b>17:40.9</b> | 05:42   | -00:18     | 00:21  |    | 🏆   |
| 4        | Ethan Miller     | 06:04     | <b>05:49</b> 🟡 | 00:02  | 12:08     | <b>11:36</b> | 05:48     | On Target | 05:45.3   | -00:02  | 18:48      | ● <b>17:55.8</b> | 05:47   | -00:52     | 00:04  |    | 🏆   |
| 5        | Grady Bremer     | 06:14     | <b>05:39</b> ▼ | -00:12 | 12:28     | <b>11:34</b> | 05:47     | On Target | 05:59.1   | 00:08   | 19:19      | ● <b>18:09.0</b> | 05:51   | -01:10     | 00:20  |    | 🏆   |
| 6        | Caden Leatherman | 06:26     | <b>05:48</b> ▼ | -00:16 | 12:51     | <b>12:00</b> | 06:00     | On Target | 06:10.7   | 00:07   | 19:56      | ● <b>18:47.8</b> | 06:04   | -01:08     | 00:23  |    | 🏆   |
| 8        | Jacob Kuipers    | 06:35     | <b>06:06</b> ▼ | -00:12 | 13:09     | <b>12:34</b> | 06:17     | On Target | 06:19.9   | 00:02   | 20:23      | ● <b>19:31.9</b> | 06:18   | -00:52     | 00:14  | 🏆  | 🏆   |

Boys JV

| Position | Athlete          | Mile1_Est | Mile1_Act      | 1vsAvg | Mile2_Est | Mile2_Act    | Mile2_PPM | 2vsAvg    | Mile3_PPM | 3vsAvg   | Est_Finish | Actual           | Act_PPM | Act_vs_Est | Spread | PR | A<E |
|----------|------------------|-----------|----------------|--------|-----------|--------------|-----------|-----------|-----------|----------|------------|------------------|---------|------------|--------|----|-----|
| 9        | Ben Brower       | 06:39     |                |        | 13:19     | <b>12:34</b> | 06:17     | On Target | 06:30     | ▲ 00:08  | 20:38      | ● <b>19:42.6</b> | 06:21   | -00:56     | 00:13  |    | 🏆   |
| 10       | Ben Muckey       |           | <b>07:38</b>   | 01:09  |           | <b>12:30</b> | 06:15     | -00:14    | 06:53     | ▲ 00:25  |            | ● <b>20:04.4</b> | 06:29   |            | 01:23  |    | 🏆   |
| 11       | Johnny Gruppen   | 07:02     | <b>06:25</b>   | -00:08 | 14:05     | <b>13:00</b> | 06:30     | -00:03    | 06:37     | 🟡 00:05  | 21:49      | ● <b>20:17.1</b> | 06:33   | -01:32     | 00:12  | 🏆  | 🏆   |
| 12       | Evan Miedema     | 06:49     | <b>06:21</b>   | -00:14 | 13:38     | <b>13:05</b> | 06:33     | -00:03    | 06:41     | ▲ 00:05  | 21:08      | ● <b>20:25.7</b> | 06:35   | -00:42     | 00:20  |    | 🏆   |
| 13       | Logan Nederveld  | 07:49     |                |        | 15:39     | <b>13:28</b> | 06:44     | 00:01     | 06:40     | 🟡 -00:02 | 24:15      | ● <b>20:48.5</b> | 06:43   | -03:27     | 00:04  | 🏆  | 🏆   |
| 14       | Brandon Weber    | 07:13     | <b>07:01</b>   | 00:18  | 14:27     |              |           |           |           |          | 22:24      | ● <b>20:50.1</b> | 06:43   | -01:33     | 00:00  |    | 🏆   |
| 15       | Alden Lucas      | 07:39     | <b>07:20</b>   | 00:36  | 15:19     | <b>13:32</b> | 06:46     | 00:02     | 06:40     | 🟡 -00:04 | 23:44      | ● <b>20:52.1</b> | 06:44   | -02:52     | 00:40  |    | 🏆   |
| 16       | Dylan Duimstra   | 07:13     | <b>06:50</b>   | 00:06  | 14:26     |              |           |           |           |          | 22:22      | ● <b>20:53.7</b> | 06:44   | -01:28     | 00:00  |    | 🏆   |
| 23       | Micah Cammenga   | 07:57     |                |        | 15:54     | <b>14:03</b> | 07:01     | 00:00     | 07:00     | 🟡 -00:01 | 24:38      | ○ <b>21:45.2</b> | 07:01   | -02:53     | 00:01  | 🏆  | 🏆   |
| 26       | Lucas Buys       | 07:14     |                |        | 14:29     | <b>14:13</b> | 07:07     | -00:03    | 07:16     | ▲ 00:06  | 22:27      | ○ <b>22:12.6</b> | 07:10   | -00:14     | 00:10  |    | 🏆   |
| 28       | Adam Shoemaker   | 07:57     | <b>07:12</b>   | -00:00 | 15:54     | <b>14:31</b> | 07:16     | 00:03     | 07:07     | ▼ -00:06 | 24:38      | ○ <b>22:20.3</b> | 07:12   | -02:18     | 00:09  | 🏆  | 🏆   |
| 29       | Andrew Burnside  |           | <b>07:58</b>   | 00:42  |           | <b>14:38</b> | 07:19     | 00:03     | 07:12     | 🟡 -00:05 |            | ○ <b>22:32.7</b> | 07:16   |            | 00:46  |    | 🏆   |
| 32       | Peter Keegstra   |           | <b>05:00</b>   | -02:19 |           | <b>14:31</b> | 07:16     | -00:04    | 07:26     | ▲ 00:07  |            | ○ <b>22:41.2</b> | 07:19   |            | 02:26  |    | 🏆   |
| 33       | Jaydan Alvarez   |           | <b>07:38</b>   | 00:17  |           | <b>15:20</b> | 07:40     | 00:19     | 06:46     | ▼ -00:35 |            | ○ <b>22:46.1</b> | 07:21   |            | 00:54  |    | 🏆   |
| 34       | Philip Kooyer    | 07:25     |                |        | 14:49     | <b>15:32</b> | 07:46     | 00:20     | 06:48     | ▼ -00:37 | 22:58      | ○ <b>23:01.2</b> | 07:26   | 00:03      | 00:58  |    | 🏆   |
| 41       | Cole Schmidt     | 08:18     | <b>07:58</b>   | -00:03 | 16:35     | <b>16:10</b> | 08:05     | 00:04     | 07:55     | ▼ -00:07 | 25:42      | ○ <b>24:52.3</b> | 08:01   | -00:50     | 00:10  |    | 🏆   |
| 42       | Corbin Meeuwesen |           | <b>07:38</b>   | -00:24 |           | <b>16:09</b> | 08:05     | 00:02     | 07:58     | 🟡 -00:04 |            | ○ <b>24:54.6</b> | 08:02   |            | 00:26  |    | 🏆   |
| 43       | Evan Schrier     | 08:30     | <b>07:38</b> ▼ | -00:27 | 17:01     | <b>16:10</b> | 08:05     | 00:00     | 08:04     | 🟡 -00:00 | 26:22      | ○ <b>25:02.7</b> | 08:05   | -01:19     | 00:27  |    | 🏆   |

Legend:

|            |   |   |                   |         |
|------------|---|---|-------------------|---------|
| Mile1_Est  | Estimated time to pass Mile 1                     |   |                   |         |
| Mile1_Act  | Actual Time to pass mile 1 checkpoint             |   |                   |         |
| 1vsAvg     | +/- compared to average PPM for mile 1            | ▲ | Below Average PPM | Gold    |
| Mile2_Est  | Estimated Mile 2                                  | 🟡 | On Target         | Silver  |
| Mile2_Act  | Actual Mile 2                                     | ▼ | Above Average PPM | Bronze  |
| Mile2_PPM  | Mile 2 PPM  |   |                   | 16:59.9 |
| 2vsAvg     | +/- compared to average PPM for mile 2            |   |                   | 18:59.9 |
| Mile3_PPM  | Mile 2 to finish of 1.1 miles at a PPM            |   |                   | 20:59.9 |
| 3vsAvg     | +/- compared to average PPM for mile 3.1          |   |                   |         |
| Est_Finish | Estimated Finish                                  |   |                   |         |
| Actual     | Actual Finish                                     |   |                   |         |
| Act_PPM    | Actual PPM for entire race                        |   |                   |         |
| Act_vs_Est | +/- from estimate                                 |   |                   |         |
| Spread     | Difference between fastest mile and slowest mile. |   |                   |         |
| PR         | Personal Record                                   |   |                   |         |
| A<E        | Actual less than Estimated                        |   |                   |         |

| Athlete          | Race1   | Race2 | Race3 | Race4 | Race5 | Race6 | Race7 | Race8 | Race9 | Race10 | Race11 | PR      | SR      | Avg.    | Improvement | PR This Season |
|------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|---------|---------|---------|-------------|----------------|
| Graeson Decker   | 17:17.3 |       |       |       |       |       |       |       |       |        |        | 17:17.3 | 17:17.3 | 17:17.3 |             | 🏆              |
| Alex Ten Haken   | 17:30.6 |       |       |       |       |       |       |       |       |        |        | 17:29.3 | 17:30.6 | 17:30.6 |             |                |
| Caleb DenHartigh | 17:40.9 |       |       |       |       |       |       |       |       |        |        | 16:55.8 | 17:40.9 | 17:40.9 |             |                |
| Ethan Miller     | 17:55.8 |       |       |       |       |       |       |       |       |        |        | 17:27.4 | 17:55.8 | 17:55.8 |             |                |
| Grady Bremer     | 18:09.0 |       |       |       |       |       |       |       |       |        |        | 17:38.8 | 18:09.0 | 18:09.0 |             |                |
| Caden Leatherman | 18:47.8 |       |       |       |       |       |       |       |       |        |        | 17:59.0 | 18:47.8 | 18:47.8 |             |                |
| Jacob Kuipers    | 19:31.9 |       |       |       |       |       |       |       |       |        |        | 19:31.9 | 19:31.9 | 19:31.9 |             | 🏆              |
| Ben Brower       | 19:42.6 |       |       |       |       |       |       |       |       |        |        | 18:26.5 | 19:42.6 | 19:42.6 |             |                |
| Ben Muckey       | 20:04.4 |       |       |       |       |       |       |       |       |        |        | 20:04.4 | 20:04.4 | 20:04.4 |             | 🏆              |
| Johnny Gruppen   | 20:17.1 |       |       |       |       |       |       |       |       |        |        | 20:17.1 | 20:17.1 | 20:17.1 |             | 🏆              |
| Evan Miedema     | 20:25.7 |       |       |       |       |       |       |       |       |        |        | 18:20.1 | 20:25.7 | 20:25.7 |             |                |
| Logan Nederveld  | 20:48.5 |       |       |       |       |       |       |       |       |        |        | 20:48.5 | 20:48.5 | 20:48.5 |             | 🏆              |
| Brandon Weber    | 20:50.1 |       |       |       |       |       |       |       |       |        |        | 20:06.5 | 20:50.1 | 20:50.1 |             |                |
| Alden Lucas      | 20:52.1 |       |       |       |       |       |       |       |       |        |        | 19:47.2 | 20:52.1 | 20:52.1 |             |                |
| Dylan Duimstra   | 20:53.7 |       |       |       |       |       |       |       |       |        |        | 19:48.0 | 20:53.7 | 20:53.7 |             |                |
| Micah Cammenga   | 21:45.2 |       |       |       |       |       |       |       |       |        |        | 21:45.2 | 21:45.2 | 21:45.2 |             | 🏆              |
| Lucas Buys       | 22:12.6 |       |       |       |       |       |       |       |       |        |        | 21:26.0 | 22:12.6 | 22:12.6 |             |                |
| Adam Shoemaker   | 22:20.3 |       |       |       |       |       |       |       |       |        |        | 22:20.3 | 22:20.3 | 22:20.3 |             | 🏆              |
| Andrew Burnside  | 22:32.7 |       |       |       |       |       |       |       |       |        |        | 22:32.7 | 22:32.7 | 22:32.7 |             | 🏆              |
| Peter Keegstra   | 22:41.2 |       |       |       |       |       |       |       |       |        |        | 22:41.2 | 22:41.2 | 22:41.2 |             | 🏆              |
| Jaydan Alvarez   | 22:46.1 |       |       |       |       |       |       |       |       |        |        | 22:46.1 | 22:46.1 | 22:46.1 |             | 🏆              |
| Philip Kooyer    | 23:01.2 |       |       |       |       |       |       |       |       |        |        | 23:01.2 | 23:01.2 | 23:01.2 |             | 🏆              |
| Cole Schmidt     | 24:52.3 |       |       |       |       |       |       |       |       |        |        | 22:36.1 | 24:52.3 | 24:52.3 |             |                |
| Corbin Meeuwssen | 24:54.6 |       |       |       |       |       |       |       |       |        |        | 24:54.6 | 24:54.6 | 24:54.6 |             | 🏆              |
| Evan Schrier     | 25:02.7 |       |       |       |       |       |       |       |       |        |        | 21:44.7 | 25:02.7 | 25:02.7 |             |                |

|         |                             |                |  |  |  |  |  |  |  |  |  |  |                |                |              |  |
|---------|-----------------------------|----------------|--|--|--|--|--|--|--|--|--|--|----------------|----------------|--------------|--|
| Varsity | <b>Top 5 (Goal 1:26:01)</b> | <b>1:28:34</b> |  |  |  |  |  |  |  |  |  |  | <b>1:28:34</b> | <b>1:28:34</b> | Avg: 0:00:00 |  |
|         | <b>Top 7 (Goal 2:01:08)</b> | <b>2:06:53</b> |  |  |  |  |  |  |  |  |  |  | <b>2:06:53</b> | <b>2:06:53</b> |              |  |
|         | <b>Spread (1:00)</b>        | <b>0:02:15</b> |  |  |  |  |  |  |  |  |  |  | <b>0:02:15</b> | <b>0:02:15</b> |              |  |
| JV      | <b>Top 5</b>                | <b>1:41:18</b> |  |  |  |  |  |  |  |  |  |  | <b>1:41:18</b> | <b>1:41:18</b> |              |  |
|         | <b>Top 7 (Goal 2:11:33)</b> | <b>2:23:01</b> |  |  |  |  |  |  |  |  |  |  | <b>2:23:01</b> | <b>2:23:01</b> |              |  |
|         | <b>Spread</b>               | <b>0:01:09</b> |  |  |  |  |  |  |  |  |  |  | <b>0:01:09</b> | <b>0:01:09</b> |              |  |

Gold = top 7 in race  
Green = Season Record

|        |                         |        |         |
|--------|-------------------------|--------|---------|
| Race1  | Under The Lights        |        |         |
| Race2  | Christian School Invite |        |         |
| Race3  | Ottawa Hills Invite     | Gold   | 16:59.9 |
| Race4  | Conference Jamboree #1  | Silver | 18:59.9 |
| Race5  | Autumn Sunrise          | Bronze | 20:59.0 |
| Race6  | Otsego                  |        |         |
| Race7  | Conference Jamboree #2  |        |         |
| Race8  | Portage                 |        |         |
| Race9  | Conference Jamboree #3  |        |         |
| Race10 | Regionals               |        |         |
| Race11 | State                   |        |         |

Improvement is defined as difference between slowest and fastest races