

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Graeson Decker	17:17.3	16:49.2										16:49.2	16:49.2	17:03.3	-0:00:28.1	🏆
Alex Ten Haken	17:30.6	16:59.5										16:59.5	16:59.5	17:15.1	-0:00:31.1	🏆
Caleb DenHartigh	17:40.9	17:24.4										16:55.8	17:24.4	17:32.7	-0:00:16.5	
Grady Bremer	18:09.0	18:13.0										17:38.8	18:09.0	18:11.0	-0:00:04.0	
Ethan Miller	17:55.8	18:19.9										17:27.4	17:55.8	18:07.9	-0:00:24.1	
Ben Brower	19:42.6	18:44.3										18:26.5	18:44.3	19:13.5	-0:00:58.3	
Caden Leatherman	18:47.8	18:50.8										17:59.0	18:47.8	18:49.3	-0:00:03.0	
Ben Muckey	20:04.4	19:20.0										19:20.0	19:20.0	19:42.2	-0:00:44.4	🏆
Jacob Kuipers	19:31.9	19:40.6										19:31.9	19:31.9	19:36.3	-0:00:08.7	🏆
Evan Miedema	20:25.7	19:54.6										18:20.1	19:54.6	20:10.2	-0:00:31.1	
Johnny Gruppen	20:17.1	19:56.2										19:56.2	19:56.2	20:06.7	-0:00:20.9	🏆
Alden Lucas	20:52.1	20:24.0										19:47.2	20:24.0	20:38.1	-0:00:28.1	
Dylan Duimstra	20:53.7	20:32.3										19:48.0	20:32.3	20:43.0	-0:00:21.4	
Brandon Weber	20:50.1	20:44.3										20:06.5	20:44.3	20:47.2	-0:00:05.8	
Philip Kooyer	23:01.2	20:57.0										20:57.0	20:57.0	21:59.1	-0:02:04.2	🏆
Adam Shoemaker	22:20.3	21:04.0										21:04.0	21:04.0	21:42.2	-0:01:16.3	🏆
Logan Nederveld	20:48.5	21:17.4										20:48.5	20:48.5	21:03.0	-0:00:28.9	🏆
Micah Cammenga	21:45.2	21:20.0										21:20.0	21:20.0	21:32.6	-0:00:25.2	🏆
Lucas Buys	22:12.6	21:25.8										21:25.8	21:25.8	21:49.2	-0:00:46.8	🏆
Andrew Burnside	22:32.7	21:31.6										21:31.6	21:31.6	22:02.2	-0:01:01.1	🏆
Jaydan Alvarez	22:46.1	22:14.5										22:14.5	22:14.5	22:30.3	-0:00:31.6	🏆
Peter Keegstra	22:41.2	22:59.7										22:41.2	22:41.2	22:50.5	-0:00:18.5	🏆
Cole Schmidt	24:52.3	23:42.0										22:36.1	23:42.0	24:17.2	-0:01:10.3	
Corbin Meeuwssen	24:54.6	23:47.3										23:47.3	23:47.3	24:21.0	-0:01:07.3	🏆
Evan Schrier	25:02.7	24:46.2										21:44.7	24:46.2	24:54.5	-0:00:16.5	

Varsity	Top 5 (Goal 1:26:01)	1:28:34	1:27:46										1:27:18	1:28:10	Avg: -0:00:36	
	Top 7 (Goal 2:01:08)	2:06:53	2:05:21										2:04:50	2:06:13		
	Spread (1:00)	0:02:15	0:02:02										0:01:59	0:02:10		
JV	Top 5	1:41:18	1:39:15										1:39:07	1:40:13		
	Top 7 (Goal 2:11:33)	2:23:01	2:20:32										2:20:23	2:21:44		
	Spread	0:01:09	0:01:24										0:01:24	0:01:11		

Gold = top 7 in race

Green = Season Record

Race1	Under The Lights		
Race2	Christian School Invite		
Race3	Ottawa Hills Invite	Gold	16:59.9
Race4	Conference Jamboree #1	Silver	18:59.9
Race5	Autumn Sunrise	Bronze	20:59.0
Race6	Otsego		
Race7	Conference Jamboree #2		
Race8	Portage		
Race9	Conference Jamboree #3		
Race10	Regionals		
Race11	State		

Improvement is defined as difference between slowest and fastest races