

Boys Varsity
Ottawa Hills Invite

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
1	Graeson Decker	05:35	05:03 ▼	-00:20	11:09	10:41	05:20 🟡	-00:02.2	05:26.7 🟡	00:04	17:17	● 16:40.4	05:23	-00:37	00:24	🏆	🏆
2	Alex Ten Haken	05:39	05:25 ▼	-00:08	11:18	11:13	05:36 🟡	00:03.1	05:27.8	-00:06	17:31	● 17:13.6	05:33	-00:17	00:12		🏆
3	Caleb DenHartigh	05:42	05:23 ▼	-00:13	11:24	11:07	05:34 🟡	-00:02.6	05:40.7	00:05	17:41	● 17:21.8	05:36	-00:19	00:18		🏆
4	Grady Bremer	05:51	05:35 ▼	-00:20	11:43	11:43	05:51 🟡	-00:03.3	06:00.8	00:06	18:09	● 18:19.9	05:55	00:11	00:26		
5	Ethan Miller	05:47	05:37 ▼	-00:23	11:34	11:48	05:54 ▼	-00:06.3	06:11.6	00:11	17:56	● 18:36.8	06:00	00:41	00:35		
7	Ben Muckey	06:29	05:52 ▼	-00:18	12:57	12:16	06:08 🟡	-00:02.3	06:14.6	00:04	20:04	● 19:08.0	06:10	-00:56	00:23	🏆	🏆
8	Ben Brower	06:21	05:52 ▼	-00:18	12:43	12:15	06:07 🟡	-00:02.9	06:15.7	00:05	19:43	● 19:08.3	06:10	-00:34	00:24		🏆
10	Johnny Gruppen	06:33	06:07 ▼	-00:29	13:05	13:03	06:31 🟡	-00:04.8	06:45.1	00:09	20:17	● 20:28.6	06:36	00:12	00:38		
13	Evan Miedema	06:35	06:15 ▼	-00:23	13:11	13:13	06:36 🟡	-00:01.7	06:41.4	00:03	20:26	● 20:34.5	06:38	00:09	00:26		
15	Jacob Kuipers	06:18	06:06 ▼	-00:34	12:36	13:04	06:32 ▼	-00:08.2	06:55.2 ▲	00:15	19:32	● 20:40.7	06:40	01:09	00:49		

Boys JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E	
9	Alden Lucas	06:44	06:20 ▼	-00:15	13:28	13:10	06:35 🟡	00:00	06:34 🟡	-00:01	20:52	● 20:23.5	06:35	-00:29	00:15		🏆	
11	Dylan Duimstra	06:44	06:23	-00:14	13:29	13:11	06:35	-00:01	06:39 🟡	00:02	20:54	● 20:29.5	06:37	-00:24	00:16		🏆	
16	Philip Kooyer	07:26	06:45	-00:04	14:51	13:50	06:55	00:06	06:39 ▼	-00:10	23:01	○ 21:09.3	06:49	-01:52	00:16		🏆	
17	Logan Nederveld	06:43	06:37	-00:13	13:25	13:43	06:51	00:02	06:47 🟡	-00:03	20:49	○ 21:10.3	06:50	00:22	00:14			
18	Brandon Weber	06:43	06:25	-00:25	13:27	13:24	06:42	-00:08	07:06 ▲	00:15	20:50	○ 21:12.1	06:50	00:22	00:41			
19	Adam Shoemaker	07:12	06:43	-00:08	14:25	13:51	06:56	00:05	06:41 ▼	-00:09	22:20	○ 21:12.6	06:51	-01:08	00:14		🏆	
20	Micah Cammenga	07:01	06:45	-00:06	14:02	13:46	06:53	00:02	06:47 🟡	-00:04	21:45	○ 21:13.5	06:51	-00:32	00:08	🏆	🏆	
22	Andrew Burnside	07:16	06:47	-00:09	14:33	13:46	06:53	-00:03	07:00 🟡	00:05	22:33	○ 21:28.2	06:56	-01:05	00:13	🏆	🏆	
27	Jaydan Alvarez	07:21	06:56	-00:17	14:41	14:50	07:25	00:12	06:51 ▼	-00:22	22:46	○ 22:22.1	07:13	-00:24	00:34		🏆	
31	Peter Keegstra	07:19	07:01	-00:27	14:38	14:22	07:11	-00:17	08:00 ▲	00:32	22:41	○ 23:10.1	07:28	00:29	00:59			
32	Cole Schmidt	08:01	07:27	-00:02	16:03	15:16	07:38	00:09	07:13 ▼	-00:16	24:52	○ 23:12.4	07:29	-01:40	00:25		🏆	
39	Evan Schrier	08:05	07:50	-00:26	16:09	16:28	08:14	-00:02	08:19 🟡	00:03	25:03	○ 25:36.8	08:16	00:34	00:29			
49	Caden Leatherman	06:04			12:08													18:48
56	Lucas Buys	07:10			14:20													22:13
55	Corbin Meeuwssen	08:02			16:04													24:55

Legend:

Mile1_Est	Estimated time to pass Mile 1		
Mile1_Act	Actual Time to pass mile 1 checkpoint		
1vsAvg	+/- compared to average PPM for mile 1	▲	Below Average PPM
Mile2_Est	Estimated Mile 2	🟡	On Target
Mile2_Act	Actual Mile 2	▼	Above Average PPM
Mile2_PPM	Mile 2 PPM		
2vsAvg	+/- compared to average PPM for mile 2		
Mile3_PPM	Mile 2 to finish of 1.1 miles at a PPM		
3vsAvg	+/- compared to average PPM for mile 3.1		
Est_Finish	Estimated Finish		
Actual	Actual Finish		
Act_PPM	Actual PPM for entire race		
Act_vs_Est	+/- from estimate		
Spread	Difference between fastest mile and slowest mile.		
PR	Personal Record		
A<E	Actual less than Estimated		

Gold	16:59.9
Silver	18:59.9
Bronze	20:59.9

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Graeson Decker	17:17.3	16:49.2	16:40.4									16:40.4	16:40.4	16:55.6	-0:00:36.9	🏆
Alex Ten Haken	17:30.6	16:59.5	17:13.6									16:59.5	16:59.5	17:14.6	-0:00:31.1	🏆
Caleb DenHartigh	17:40.9	17:24.4	17:21.8									16:55.8	17:21.8	17:29.0	-0:00:19.1	
Grady Bremer	18:09.0	18:13.0	18:19.9									17:38.8	18:09.0	18:14.0	-0:00:10.9	
Ethan Miller	17:55.8	18:19.9	18:36.8									17:27.4	17:55.8	18:17.5	-0:00:41.0	
Ben Brower	19:42.6	18:44.3	19:08.3									18:26.5	18:44.3	19:11.7	-0:00:58.3	
Caden Leatherman	18:47.8	18:50.8										17:59.0	18:47.8	18:49.3	-0:00:03.0	
Ben Muckey	20:04.4	19:20.0	19:08.0									19:08.0	19:08.0	19:30.8	-0:00:56.4	🏆
Jacob Kuipers	19:31.9	19:40.6	20:40.7									19:31.9	19:31.9	19:57.7	-0:01:08.8	🏆
Evan Miedema	20:25.7	19:54.6	20:34.5									18:20.1	19:54.6	20:18.3	-0:00:39.9	
Johnny Gruppen	20:17.1	19:56.2	20:28.6									19:56.2	19:56.2	20:14.0	-0:00:32.4	🏆
Dylan Duimstra	20:53.7	20:32.3	20:29.5									19:48.0	20:29.5	20:38.5	-0:00:24.2	
Brandon Weber	20:50.1	20:44.3	21:12.1									20:06.5	20:44.3	20:55.5	-0:00:27.8	
Philip Kooyer	23:01.2	20:57.0	21:09.3									20:57.0	20:57.0	21:42.5	-0:02:04.2	🏆
Adam Shoemaker	22:20.3	21:04.0	21:12.6									21:04.0	21:04.0	21:32.3	-0:01:16.3	🏆
Logan Nederveld	20:48.5	21:17.4	21:10.3									20:48.5	20:48.5	21:05.4	-0:00:28.9	🏆
Micah Cammenga	21:45.2	21:20.0	21:13.5									21:13.5	21:13.5	21:26.2	-0:00:31.7	🏆
Lucas Buys	22:12.6	21:25.8										21:25.8	21:25.8	21:49.2	-0:00:46.8	🏆
Andrew Burnside	22:32.7	21:31.6	21:28.2									21:28.2	21:28.2	21:50.8	-0:01:04.5	🏆
Jaydan Alvarez	22:46.1	22:14.5	22:22.1									22:14.5	22:14.5	22:27.6	-0:00:31.6	🏆
Peter Keegstra	22:41.2	22:59.7	23:10.1									22:41.2	22:41.2	22:57.0	-0:00:28.9	🏆
Cole Schmidt	24:52.3	23:42.0	23:12.4									22:36.1	23:12.4	23:55.6	-0:01:39.9	
Corbin Meeuwssen	24:54.6	23:47.3										23:47.3	23:47.3	24:21.0	-0:01:07.3	🏆
Evan Schrier	25:02.7	24:46.2	25:36.8									21:44.7	24:46.2	25:08.6	-0:00:50.6	
Alden Lucas	20:52.1		20:23.5									19:47.2	20:23.5	20:37.8	-0:00:28.6	

Varsity

JV

Top 5 (Goal 1:26:01)	1:28:34	1:27:46	1:28:13										1:27:07	1:28:11	Avg: -0:00:45	
Top 7 (Goal 2:01:08)	2:06:53	2:05:21	2:06:29										2:04:39	2:06:12		
Spread (1:00)	0:02:15	0:02:02	0:02:28										0:02:07	0:02:16		
Top 5	1:41:18	1:39:24	1:42:37										1:38:54	1:40:39		
Top 7 (Goal 2:11:33)	2:23:01	2:21:05	2:24:56										2:20:08	2:22:13		
Spread	0:01:09	0:01:37	0:00:47										0:01:36	0:01:25		

Gold = top 7 in race
Green = Season Record

- Race1 Under The Lights
- Race2 Christian School Invite
- Race3 Ottawa Hills Invite
- Race4 Conference Jamboree #1
- Race5 Autumn Sunrise
- Race6 Otsego
- Race7 Conference Jamboree #2
- Race8 Portage
- Race9 Conference Jamboree #3
- Race10 Regionals
- Race11 State

Improvement is defined as difference between slowest and fastest races

- Gold 16:59.9
- Silver 18:59.9
- Bronze 20:59.0